Women’s Health 2013
The 21st Annual Congress
March 22-24, 2013
Washington, DC

Secure your seat today to:
♦ Learn about state-of-the-art, evidence-based information on a broad range of women’s health issues
♦ Network with over 1,000 leaders in women’s health
♦ Earn up to 23.0 CME credits
♦ Honor this year’s distinguished Congress award winners, including JoAnn Manson and Linda Giudice
♦ Celebrate the 1st Anniversary of Academy of Women’s Health

Presented by

ACADEMY OF WOMEN’S HEALTH
best practices for better outcomes
www.academyofwomenshealth.org

In partnership with
NIH Office of Research on Women’s Health
DHHS Office on Women’s Health
Society for Women’s Health Research

Collaborating Organizations
American College of Physicians, Virginia Chapter • The Endocrine Society
American Congress of Obstetricians and Gynecologists
American Psychiatric Association • American Thyroid Association
International Menopause Society • National Stroke Association

www.bioconferences.com/wh
Conference Learning Objectives

After completing this activity, the participant should be better able to:

- Describe recent advances in cancer screening and treatment, including cervical, ovarian, and breast cancer
- Explain current data that will facilitate the prevention, diagnosis, and management of diseases in women
- Identify evidence-based approaches to address the management of reproductive health issues, including menopause, contraception, and adolescent sexual health
- Define practical strategies for assessing and promoting preventive health measures in women, including cardiovascular risk reduction, fracture risk reduction, and reduction of risk associated with diabetes and hyperlipidemia

- Describe state-of-the-art approaches to treating patients with pelvic pain, endometriosis, HIV, and mood disorders
- Apply evidence-based approaches to treating women with urogynecological disorders and vaginitis as well as sexual health disorders
- Describe and treat common problems in dermatology in women
- Utilize the most recently released pap smear guidelines
- Discuss the controversies that surround the area of treatment and diagnosis of osteoporosis
- Apply environmental health into daily practice with patients
- Describe the treatment of diabetes during the reproductive years
- Provide appropriate care and counsel for patients and their families

For complete Congress information, please visit: www.bioconferences.com/wh
Thursday, March 21

Pre-Conference Workshop*

2:30 - 5:00 pm—The Science of Sex and Gender in Biomedical Research
Session presented by the NIH Office of Research on Women’s Health
Workshop Director: Janine Clayton, MD, ORWH Director

5:00 – 8:00 pm—CONFERENCE REGISTRATION

Friday, March 22

6:15 am—Yoga (optional) - Embrace the day with yoga

7:00 am—REGISTRATION & BREAKFAST

7:45 am—Welcome Opening Remarks

8:00 am—Lipid Management in Women: Lessons Learned
Emma Meagher, MD
Associate Professor of Medicine, University of Pennsylvania

8:45 am—Diabetes Management in the Reproductive Years
Diana McNeill, MD, FACP
Professor of Medicine
Division of Endocrinology and Metabolism
Duke University School of Medicine

9:30 am—Adolescent Gynecology: Best Practices
Alison Marshall, MSN, FNP
Sylvie Ratelle STD/HIV Prevention Center of New England
Massachusetts Department of Health

10:15 am—Break

10:45 am—Calcium & Vitamin D: What Now?
Michael McClung, MD
Director, Oregon Osteoporosis Center

11:30 am—Integrating Environmental Health into Clinical Practice
Kirtly Parker-Jones, MD
Professor of Obstetrics and Gynecology
Vice Chair for Educational Affairs
University of Utah School of Medicine

12:15 pm—LUNCHEON PRESENTATION
Pain in Women: Sex Differences and Implications for Management
Mark Wallace, MD, Professor of Clinical Anesthesia
Director, Center for Pain and Palliative Medicine
UC San Diego School of Medicine

1:45 pm—Cardiovascular Risk Reduction: Women Are Not Small Men
Karol Watson, MD, PhD
Associate Professor of Medicine/Cardiology
Co-Director, UCLA Program in Preventive Cardiology
David Geffen School of Medicine at UCLA

2:30 pm—New Findings from the Kronos Early Estrogen Prevention Study (KEEPS)
JoAnn Manson, MD, DrPH
Professor of Medicine and the Michael and Lee Bell Professor of Women’s Health, Harvard Medical School
Chief, Division of Preventive Medicine
Brigham and Women’s Hospital

3:15 pm—Break

3:45 pm—Making Sense of the New Cervical Cancer Screening Guidelines: Less is More
Michael Policar, MD, MPH
Professor of Obstetrics, Gynecology and Reproductive Sciences
UC San Francisco

4:30 pm—HIV in Women: From Research to Practice
Kathleen Squires, MD
Professor of Medicine, Jefferson Medical College
Director, Division of Infectious Diseases
Thomas Jefferson University Hospital

5:30 - 7:00 pm—Congress Poster Session and Reception

Saturday, March 23

6:15 am—Yoga (optional) - Embrace the day with yoga

7:00 am—BREAKFAST SYMPOSIUM
The Promise of Personalized Medicine: Integrating Genetics into Women’s Health Practice
Lee Shulman, MD
Anna Ross Lapham Professor of Obstetrics and Gynecology
Director, Cancer Genetics Program
Northwestern University Feinberg School of Medicine

8:30 am—Understanding Menopause and Mood
Claudio Soares, MD, PhD
Professor and Chair, Department of Psychiatry
University of Alberta, Canada

9:15 am—Chronic Pelvic Pain: Challenges in Diagnosis and Management
Michael Policar, MD, MPH
Professor of Obstetrics, Gynecology and Reproductive Sciences
UC San Francisco

10:00 am—Break

10:30 am—The Vivian Pinn Women’s Health Research Keynote Lecture: Advances in Understanding Endometriosis
Linda Giudice, MD, PhD
Robert B. Jaffe Distinguished Professor and Chair of the Department of OB/GYN and Reproductive Sciences, UC San Francisco

11:15 am—Sexual Disorders in Women: We Can Do Better
Catherine Matthews, MD
Chief, Division of Urogynecology
Associate Professor of Obstetrics and Gynecology
University of North Carolina at Chapel Hill
Supported by an educational grant from Novo Nordisk

12:00 pm—LUNCHEON PRESENTATION
Contraception: Which Patient, Which Method?
Raquel Arias, MD, MPH
Associate Professor of Obstetrics and Gynecology
Keck School of Medicine, University of Southern California
Supported by an educational grant from Bayer HealthCare

1:30 pm—THE TRUDY BUSH LECTURE: The Study of Women’s Health Across the Nation (SWAN): An Update
Nanette Santoro, MD
Professor and E Stewart Taylor Chair of Obstetrics and Gynecology
University of Colorado at Denver, School of Medicine

*Non-CME

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2:30 pm—Breast Cancer: What's New?  
Harry Bear, MD, PhD  
Chief, Division of Surgical Oncology  
Professor of Hematology and Oncology  
Virginia Commonwealth University School of Medicine  
VCU Massey Cancer Center

3:15 pm—Break

3:45 pm—Controversies in Ovarian Cancer Screening  
Karen Lu, MD  
Professor of Gynecologic Oncology and Reproductive Medicine  
H.E.B. Professor of Cancer Research  
University of Texas MD Anderson Cancer Center

4:30 pm—Dermatology in Women: Common Dilemmas  
Julia Nunley, MD  
Professor of Dermatology  
Program Director, Dermatology  
Virginia Commonwealth University Medical Center

5:15 pm—Sleep Disorders and Women: More Than Just Tired  
Michael Twery, PhD  
Director, National Center on Sleep Disorders Research, NHLBI, NIH  
Supported by the Society for Women's Health Research

6:00 pm—Yoga (optional)

Sunday, March 24

6:15 am—Yoga (optional) - Embrace the day with yoga

7:00 am—BREAKFAST SYMPOSIUM  
Obesity Prevention in Women  
Antronette Yancey, MD  
Professor of Medicine, UCLA  
Supported in part by a conference contract from DHHS Office on Women's Health

8:30 am—Urogynecology in the Office  
Catherine Matthews, MD  
Chief, Division of Urogynecology  
Associate Professor of Obstetrics and Gynecology  
University of North Carolina at Chapel Hill

9:15 am—Management of Common Breast Disorders  
Raquel Arias, MD, MPH  
Associate Professor of Obstetrics and Gynecology  
Keck School of Medicine, University of Southern California

10:15 am—Women's Health & Sex Differences Research  
Scientific Poster Session Awards

10:30 am—Break

11:00 am—Vaginitis: Pearls & Pitfalls in Diagnosis  
Alison Marshall, MSN, FNP  
Sylvie Ratelle STD/HIV Prevention Center of New England  
Massachusetts Department of Health

11:45 am—News You Can Use: Recent Studies That Changed My Practice  
Melissa McNeil, MD, MPH, Professor of Medicine, Obstetrics, Gynecology, and Reproductive Sciences  
Chief, Women's Health, Department of Medicine  
University of Pittsburgh Medical Center

12:45 pm—Adjourn

Please note that the schedule is subject to change.
Statement of Need/Program Overview
This program is designed to provide physicians, nurses and allied healthcare professionals with a broad range of topics relevant to women’s health across the lifespan. This includes the most recent research and its application to patient care, and the most current information in diagnosis and therapeutics.

Disclosure of Conflicts of Interest
Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by PIM for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

Hotel and Travel Information
Women’s Health 2013 will be held at the
Grand Hyatt Washington
1000 H Street NW · Washington, DC 20001, USA
Phone: 1-202-582-1234 · Fax: 1-202-637-4781
A block of rooms is being held at the following rates per night:
- Single and Double Occupancy: $199.00
- Triple Occupancy: $224.00
- Quadruple Occupancy: $249.00
Hotel reservations can be made, changed, or modified at:
https://resweb.passkey.com/go/womenshealth2013 or by calling 1-402-392-6464 or 1-888-421-1442. Please be sure to mention that you are attending the Women’s Health 2013 21st Annual Congress.
Reservations must be received on or before 5:00 PM, Wednesday, February 20, 2013.

Area Airports:
- Reagan National Airport - Approximately 5 miles from the hotel
- Dulles International Airport - Approximately 27 miles from the hotel
Please call our official travel agent, Wayne Coven, at Empress Travel, (800) 933-9054 or (212) 410-9990 for flight information.
For complete travel information, please visit the Congress website: www.bioconferences.com/wh

Americans with Disabilities Act
Event staff will be glad to assist you with any special needs. Please contact the conference organizers prior to the event, at 1-800-524-6266.

Academy of Women’s Health
options in clinical care that will enable the best outcomes for patients. AWH’s focus includes the dissemination of translational research and evidence-based practices for disease prevention, diagnosis, and treatment for women.

Joining AWH
- Participation in international exchange travel programs
- And much more- including the satisfaction of providing the best outcomes for patients worldwide!
womenshealth.org

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Cancellation Policy: Written cancellations received prior to February 1, 2013 will receive a refund minus an administrative charge of $100. Cancellation after this date is non-refundable; however, substitutions from the same company are welcomed. If for any reason this conference is cancelled, Academy of Women’s Health is not responsible for covering airfare, hotel, or other costs incurred by conference registrants.
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Women’s Health 2013 • The 21st Annual Congress

Attend the most comprehensive women’s health conference of 2013

• 3 impactful days – learn the latest actionable information for optimal patient care
• 30 distinguished speakers – listen to the foremost experts in women’s health
• 1,000 networking opportunities – leverage new connections to advance your career

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Executive Director, VCU Institute for Women’s Health
Editor-in-Chief, Journal of Women’s Health
President, Academy of Women’s Health

Congress Co-Chair
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