Acute Kidney Injury, Risk Factors, and Prognosis in Hospitalized HIV-Infected Adults in South Africa, Compared by Tenofovir Exposure

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Abstract

There are limited data describing acute kidney injury (AKI) in HIV-infected adult patients in resource-limited settings where tenofovir disoproxil fumarate (TDF), which is potentially nephrotoxic, is increasingly prescribed. We describe risk factors for and prognosis of AKI in HIV-infected individuals, stratified by those receiving and those naive to TDF. A prospective case cohort study of hospitalized HIV-infected adults with AKI stratified by TDF exposure. Adults (≥ 18 years) were recruited: clinical and biochemical data were collected at admission; their renal recovery, discharge, or mortality was ascertained as an in-patient and, subsequently, to a scheduled 3-month follow-up. Among this predominantly female (61%), almost exclusively black African cohort of 175 patients with AKI, 93 (53%) were TDF exposed; median age was 41 years (interquartile range 35–50). Median CD4 count and viral load and creatinine at baseline were 116 cells/mm³ and 110,159 copies/ml, respectively. A greater proportion of the TDF group had severe AKI on admission (61% vs. 43%, $p = .014$); however, both groups had similar rates of newly diagnosed tuberculosis (TB; 52%) and nonsteroidal anti-inflammatory drug (NSAID; 32%) use. Intravenous fluid was the therapeutic mainstay; only seven were dialyzed. Discharge median serum creatinine (SCr) was higher in the TDF group ($p = .032$) and fewer in the TDF group recovered renal function after 3 months ($p = .043$). Three-month mortality was 27% in both groups, but 55% of deaths occurred in hospital. Those that died had a higher SCr and more severe AKI than survivors; TB was diagnosed in 33 (70%) of those who died. AKI was more severe and renal recovery slower in the TDF group; comorbidities, risk factors, and prognosis were similar regardless of TDF exposure. Because TB is linked to higher mortality, TB coinfection in HIV-infected patients with AKI warrants more intensive monitoring. In all those with poor renal recovery, our data suggest that a lower threshold for dialysis is needed.

Keywords: acute kidney injury, renal insufficiency, HIV, tenofovir, South Africa, mortality

Background

ACUTE KIDNEY INJURY (AKI) is a major cause of morbidity and mortality in HIV-infected individuals.^{1,2} Mortality in hospitalized HIV-infected adults is higher in those with AKI, while in adults living with HIV the risk of kidney disease is almost fourfold that of HIV-uninfected adults.^{3,4} Antiretroviral therapy (ART) mitigates this risk.¹

Numerous studies from developed settings have reported AKI in HIV-infected individuals, suggesting that the etiology of AKI is multifactorial. Moreover, both HIV and ART are directly nephrotoxic.^{1,3–6} Prerenal AKI from renal hypoperfusion (commonly from gastroenteritis), sepsis-induced acute tubular necrosis (ATN), and concomitant nephrotoxic drug use are common causes of AKI in HIV-infected adults.^{2,5,7,8} Well-described risk factors for AKI apply to both HIV-seronegative and seropositive individuals.^{1,3–7,9,10}

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However, specific risk factors in HIV-seropositive individuals include: male sex; advanced immunosuppression; long-term ART use; and preexisting renal disease.^{3–7,9–11}

In October 2001, the Food and Drug Administration approved tenofovir disoproxil fumarate (TDF) as the first nucleotide reverse-transcriptase inhibitor (NRTI) for the treatment of HIV.¹² Since April 2010, TDF has been the mainstay of first line ART in South Africa: massively increasing the number of South Africans receiving TDF.¹³ Although not initially reported in the early clinical trials, subsequent case reports, case series, and observational studies reported TDF-associated nephrotoxicity and, in 2010, a systematic review and meta-analysis reported a significant decline in renal function associated with TDF use.^{14–19}

The mechanism of action appears to be the accumulation of TDF in proximal tubular cells (due primarily to genetic polymorphisms encoding defective transmembrane drug transporters), with resultant mitochondrial toxicity and subsequent renal injury, clinically presenting as the Fanconi syndrome or ATN with AKI.^{16,20–22} The reported prevalence of TDF-related nephrotoxicity is 2.4% occurring at 6–9 months following TDF initiation, although South African studies suggest an earlier onset.^{11,17–19,22–25}

We report the presentation, severity, and risk factors for AKI in HIV-positive South African patients and assess the response to treatment and short-term outcomes. Furthermore, to assess the role of TDF in HIV-positive patients with AKI, analysis was stratified by TDF exposure.

Materials and Methods

This prospective case cohort study recruited patients from the Klerksdorp/Tshepong Hospital Complex, a secondary level public hospital in South Africa's North West province, from October 2014 to June 2015. We enrolled HIV-infected patients admitted to the adult medicine wards with AKI and compared those exposed to TDF to those who had not received TDF and followed them up after discharge. Eligible patients were: hospitalized, HIV-infected adults, and ≥ 18 years of age with a diagnosis of AKI. We excluded patients with prior or preexisting kidney disease (either self-reported or as indicated by medical records or laboratory results). Those who appeared unwilling or incapable of attending follow-up and those whose clinical records were inadequate to assess renal function or HIV treatments before the study were also excluded. The University of Witwatersrand Human Research Ethics Committee approved this study.

Study definitions and measures

Patients were categorized as TDF exposed if they were on TDF-based ART at the time of admission or had defaulted TDF for <1 week before admission. The TDF unexposed group included individuals who: were ART naive, were taking non-TDF-based ART, had defaulted non-TDF based ART for any duration, and those who had defaulted TDF based ART for at least 8 weeks before the onset of AKI.

In all study patients, AKI was diagnosed and staged according to the Kidney Disease Improving Global Outcomes (KDIGO) 2012 Clinical Practice AKI Guideline.²⁶ Baseline serum creatinine (SCr) before AKI was determined either by a SCr taken before, but within the preceding year of admission, or the lowest normal SCr at discharge or on follow-up.^{27,28} If no baseline SCr was available, an estimated

baseline SCr was calculated based on a Modification of Diet in Renal Disease (MDRD) equation estimated glomerular filtration rate (eGFR) of 75 ml/min per 1.73 m².^{26,29,30}

Renal recovery was defined as a decreasing SCr over time and no need for continuing renal replacement therapy (RRT) and was categorized as complete (SCr recovery below 1.5 times the baseline) or partial (SCr recovery above 1.5 times the baseline).^{31,32} New admissions to the acute care adult medical ward were screened for eligibility on weekdays. If eligible, written informed consent was obtained and a structured interview administered assessing: ART use, previous tuberculosis (TB) history, comorbidities, concomitant gastrointestinal symptoms, drug history, and other important exposures; necessary blood and urine samples were taken, results of radiological investigations recorded, and relevant information from clinical records noted.

On discharge, a summary of the clinical course of the patient was abstracted from the medical records. Patients were then actively followed up at a visit scheduled 3 months after discharge.

Statistical analyses

Patient demographic and clinical characteristics are reported as medians and interquartile ranges (IQRs) for continuous variables and proportions with 95% confidence intervals (95% CIs) for categorical variables. These were compared between groups using the Mann–Whitney, Kruskal–Wallis, and Chi-square tests as appropriate. Univariable logistical regression was used to control for TDF use and the presence of TB coinfection. Multivariable regression was not performed due to the small sample size and some missing data. All statistical analyses were performed using STATISTICA version 12 (StatSoft).

Results

From 1 October 2014 to 30 June 2015, 199 HIV-infected patients with presumed AKI were enrolled in this study; 24 were subsequently excluded as they either had prior kidney disease (16) or had defaulted TDF based ART for <8 weeks (8). Of the remaining 175, their median age was 41 years (IQR 35–50); 61% were women; virtually all (99%) were black Africans; and their median body mass index was 21 kg/m² (IQR 19–24) on admission (Table 1). Ninety-three (53%) were TDF exposed for a median treatment duration of 30 weeks (IQR 8–61) of whom 27 (29%) had prior ART exposure before switching to a TDF containing regimen. The majority of the TDF group (94%) received a concomitant non-NRTI (NNRTI) and 6% a protease inhibitor. Thirty-one patients in the non-TDF group were receiving ART for a median duration of 306 weeks (IQR 88–729); 62% of the non-TDF group was ART-naïve on admission.

AKI severity and measures of kidney disease

Half (53%) of all participants had severe AKI, most were in the TDF group (62%; $n=57$), whereas mild AKI was predominant in the non-TDF group (62%; $n=23$) (Fig. 1). The TDF group had: a higher median admission SCr (282 μ mol/l; IQR 172–542 vs. 189 μ mol/l; IQR 146–343; $p=.007$); higher median urine protein creatinine ratio (0.212 g/mmol creat; IQR 0.111–0.316 vs. 0.128 g/mmol creat; IQR 0.087–0.212; $p=.003$); and a lower median eGFR (CKD-EPI) (14.2 ml/min;

TABLE 1. BASELINE DEMOGRAPHIC CHARACTERISTICS, COMORBIDITIES, RISK FACTORS, AND LABORATORY CHARACTERISTICS IN ACUTE KIDNEY INJURY PATIENTS AT ADMISSION STRATIFIED BY TENOFOVIR DISOPROXIL FUMARATE EXPOSURE (N=175)

	<i>TDF</i>	<i>Non-TDF</i>	<i>p</i>
Demographics	93 (53)	82 (47)	
Age (years), median (IQR)	42 (35–53)	40 (35–49)	.260
Female, <i>n</i> (%)	62 (67)	45 (55)	.110
Black, <i>n</i> (%)	91 (98)	83 (100)	.182
Serum electrolytes			
Potassium (mmol/l), median (IQR)	4.1 (3.3–5.1)	4.3 (3.5–5.2)	.348
Bicarbonate (μ mol/l), median (IQR)	14 (10–18)	16 (13–19)	.047
Phosphate (mmol/l), median (IQR)	1.2 (0.8–1.7)	1.3 (0.9–1.6)	.496
Renal parameters			
Admission creatinine (μ mol/l), median (IQR)	282 (172–542)	189 (146–343)	.007
Admission eGFR-CKD-EPI (ml/min per 1.73 m ²), median (IQR)	14.2 (4.3–28)	25.6 (10.4–39.5)	.002
Baseline creatinine (μ mol/l), median (IQR)	77 (65–88)	77 (62–92)	.920
Urine protein:creatinine ratio (g/mmol creat), median (IQR)	0.212 (0.111–0.316)	0.128 (0.087–0.212)	.003
Normoglycemic glycosuria, <i>n</i> (%)	7 (11)	6 (10)	.863
Hypercholeic, <i>n</i> (%)	71 (91)	48 (84)	.226
Right kidney size (cm), median (IQR)	11.25 (10.3–12.2)	11 (10.2–11.8)	.347
Left kidney size (cm), median (IQR)	11.4 (10.7–12.3)	11 (10.4–11.8)	.135
Comorbidities			
Hypertension, <i>n</i> (%)	22 (24)	16 (20)	.507
Diabetes, <i>n</i> (%)	8 (9)	3 (4)	.179
Hepatitis B positive, <i>n</i> (%)	11 (12)	9 (11)	.86
Risk factors			
TB, <i>n</i> (%)			
Completed TB treatment before admission	35 (38)	34 (41)	.605
Newly diagnosed TB	46 (50)	45 (55)	.474
Sputum or culture proven TB	22 (48)	22 (49)	.919
Pneumonia, <i>n</i> (%)	9 (10)	12 (17)	.148
Sepsis, <i>n</i> (%)	4 (4)	7 (9)	.249
Vomiting, <i>n</i> (%)	32 (34)	14 (17)	.009
Diarrhea, <i>n</i> (%)	36 (39)	17 (21)	.008
NSAID use, <i>n</i> (%)	26 (28)	30 (37)	.784
HIV-related and infective parameters			
CD4 count (cells/mm ³), median (IQR)	147 (57–304)	87 (41–210)	.067
HIV viral load (copies/ml)			
Virally suppressed (LDL or <1,000), <i>n</i> (%)	56 (60)	14 (17)	<.001
Median HIV viral load in those >1,000, median (IQR)	39,456 (4,537–326,300)	414,365 (110,159–1,521,015)	<.001
Hemoglobin (g/dl), median (IQR)	9.6 (7.8–11.3)	9.8 (7.4–12)	.622
C-reactive protein (mg/l), median (IQR)	127 (39–189)	89 (37–180)	.386
Albumin (g/l), median (IQR)	20 (16–24)	18 (15–23)	.122
Ferritin (μ g/l), median (IQR)	490 (205–1,171)	750 (366–1,415)	.047

eGFR, estimated glomerular filtration rate; IQR, interquartile range; NSAID, nonsteroidal anti-inflammatory drug; TB, tuberculosis; TDF, tenofovir disoproxil fumarate.

IQR 4.3–28 vs. 25.6 ml/min; IQR 10.4–39.5; $p = .002$) and was more acidotic (serum bicarbonate 14 μ mol/l; IQR 10–18 vs. 16 μ mol/l; IQR 13–19; $p = .047$). The odds ratio (OR) for severe AKI in the TDF group was 1.2 (1.02–1.40; 95% CI; $p = .013$) compared to those who were not exposed to TDF (Table 2).

Markers of proximal tubular dysfunction (urine phosphaturia and glycosuria, serum hypophosphatemia and hypokalemia) were not markedly deranged in either group. Laboratory results suggestive of interstitial nephritis were present in many, with high rates of leukocyturia ($n = 47$; 32%) and hematuria ($n = 81$; 55%) in sterile urine specimens, but there was no

significant difference in the two groups—only 29 (17%) of all patients had a culture positive urinary tract infection.

Comorbidities and risk factors for AKI

Half of both groups (50% TDF vs. 55% non-TDF; $p = .474$) were newly diagnosed with TB, and overall a prior history of TB treatment was reported by 39%. Gastrointestinal symptoms, vomiting, and diarrhea were reported more frequently in the TDF group (39% vs. 21%; $p = .008$) and twice as many patients in the TDF group reported chronic diarrhea

FIG. 1. Severity of acute kidney injury on admission stratified by TDF exposure. TDF, tenofovir disoproxil fumarate.

($p = .522$). Furthermore, in patients with severe AKI, the OR of vomiting [OR=1.14 (1.00–1.30; 95% CI; $p = .046$)] and diarrhea [OR=1.20 (1.05–1.30; 95% CI; $p = .007$)] was significantly increased (Table 2).

Noninfectious comorbidities: hypertension (22%) and diabetes (6%) were reported at similar rates in both groups. Receipt of traditional medication was infrequently self-reported, but high rates of nonsteroidal anti-inflammatory drug (NSAID) use, within the month before admission, were reported by both groups. A greater number of TDF-exposed patients were virally suppressed than ART-treated patients from the non-TDF group ($p = .017$); and in those not suppressed, the median viral load was lower in the TDF group ($p = .002$).

Treatment and outcomes

The overwhelming majority of patients received intravenous fluid therapy (96%) and only seven received RRT.

In those who received RRT, the admission SCr was significantly higher than those treated with intravenous fluid therapy: median SCr 553 $\mu\text{mol/L}$; IQR 471–623 vs. 216 $\mu\text{mol/L}$; IQR 156–438, $p = .021$; furthermore, all seven patients presented with severe AKI, $p = .037$. However, there were no statistical differences in the two groups in: TDF exposure and risk factors for AKI.

Eighty-five percent of all patients recovered sufficiently to be discharged from hospital. Even though the median length of hospital stay was the same in both groups (9 days), the TDF group had delayed renal recovery with higher SCr on discharge: median SCr 120 $\mu\text{mol/L}$; IQR 87–240 vs. 97 $\mu\text{mol/L}$; IQR 75–137; $p = .032$ (Fig. 2). Moreover, a smaller proportion of TDF exposed patients had complete renal recovery at the 3-month postdischarge follow-up visit (61% vs. 78%; $p = .043$) (Table 3).

Although TDF was stopped on admission in all patients, at 3-month follow-up, 55 patients (31%) had been restarted on full dose TDF based ART without apparent adverse effects, 38 (22%) of whom had been TDF exposed on admission. Only one patient who was reinitiated on TDF was subsequently changed to non-TDF based ART. No significant difference in renal recovery ($p = .114$) or mortality ($p = .105$) at 3-month follow-up was found in those reinitiated on TDF compared to those where non-TDF based ART was used following discharge.

Furthermore, among the TDF exposed group, no significant difference was noted in mortality or renal recovery at discharge or at 3-month follow-up when stratifying for duration of TDF use (Table 3).

In those who died during their hospital stay, no difference was noted in either SCr values measured before death or in renal recovery when comparing the TDF and non-TDF groups (Table 3). Fifty-five percent of deaths occurred in

TABLE 2. UNIVARIABLE ANALYSIS TO DETERMINE RISK OF SEVERE ACUTE KIDNEY INJURY AND MORTALITY AT 3-MONTH FOLLOW-UP

	Severe AKI		Mortality after 3-month follow-up	
	OR (95% CI)	p	OR (95% CI)	p
TDF exposure	1.20 (1.02–1.40)	.013	1.00 (0.86–1.14)	.993
HIV viral load suppressed	1.10 (0.95–1.27)	.196	1.07 (0.90–1.26)	.763
TB coinfection	1.05 (0.90–1.22)	.516	1.21 (1.06–1.38)	.003
Vomiting	1.14 (1.00–1.30)	.046	1.14 (0.99–1.30)	.073
Diarrhea	1.20 (1.05–1.30)	.007	1.12 (0.96–1.30)	.164
NSAID use	1.06 (0.92–1.22)	.409	0.97 (0.83–1.14)	.706
Severe AKI	N/A	N/A	1.10 (0.97–1.26)	.144

95% CI, 95% confidence interval; AKI, acute kidney injury; OR, odds ratio.

FIG. 2. Comparison of median SCr values stratified by TDF exposure at various time intervals: baseline before admission; on admission; on discharge; in survivors to discharge; and in deaths during hospital stay. SCr, serum creatinine.

hospital and they had a higher median SCr before death compared to the median SCr at discharge in survivors ($p < .001$). Furthermore, most patients who died in hospital had severe AKI immediately before death ($p < .001$).

Sixteen (9.1%) patients were lost to follow-up after discharge. In those who died following discharge, similar mortality rates were found in both groups ($p = .383$). When assessing overall outcome, from admission to 3-month follow-up, the mortality rate in both groups was 27%, but the duration from admission to death and discharge to death was significantly shorter in the TDF group (Table 3). Seventy percent ($n = 33$) of those who died were newly diagnosed with TB compared to 42% of survivors ($p = .001$), and the OR of mortality at 3-month follow-up in those newly diagnosed with TB was 1.21 (1.06–1.38; 95% CI, $p = .003$) compared to those without TB (Table 2). Similarly, elevated C-reactive protein and anemia were more frequently found in patients who died in this cohort.

Discussion

This prospective cohort suggests that HIV-infected patients with AKI who also received TDF-based ART had more severe AKI and a higher presenting median SCr compared to those on non-TDF-based ART. Moreover, the renal recovery was slower in those taking TDF. In-hospital outcomes, duration of admission, and overall mortality, however, were similar in both TDF exposed and unexposed groups. AKI in HIV-infected individuals has a poor prognosis, as more than a quarter of the patients in this cohort died.

In our study, TDF exposed HIV-infected patients who develop AKI have a similar etiology and rate and range of nephrotoxic risk factors that we measured as those not receiving TDF. However, our data suggest that TDF has an added nephrotoxic effect in patients with AKI causing: a more rapid worsening of renal function; a higher proportion with proteinuria and acidosis; and delayed renal recovery.

The data on TDF use and AKI in Southern Africa are limited; previous studies in ambulatory patients report a frequency of TDF-associated nephrotoxicity of just less than

3% and risk factors for nephrotoxicity with TDF use include: preexisting renal dysfunction, anemia, and immunosuppression.^{24,25} This study is the first we are aware of that reports AKI, stratified by TDF exposure, in hospitalized HIV-positive patients in South Africa, and is particularly relevant due to the massive increase in prescriptions of TDF as part of first line ART in the country.³³

RRT use was limited in this cohort, despite increasing SCr in over a third of those who died during admission and despite no formal restrictions or eligibility criteria for the initiation of RRT in this setting. We postulate that RRT may have prevented some deaths. Moreover, the substantial mortality following discharge from hospital suggests that more intensive monitoring and follow-up after discharge from hospital are necessary in all patients with AKI. Further studies are required to assess the likely causes of and contributors to death and to better identify potential interventions to prevent mortality.

Consistent with our findings, international studies have reported the duration of TDF exposure before onset of decline in renal function to be 6–9 months,^{18,23} although studies of ambulatory patients in South Africa report a shorter median time to nephrotoxicity (3.6 months).^{24,25}

Current recommendations suggest that TDF dose adjustment is necessary in those with renal injury while on TDF.³⁴

Although published literature reports male gender and lower body weight as risk factors associated with AKI,^{18,19,23,25} the high proportion of women with AKI that we report is likely due to higher seroprevalence of HIV among South African women and national policy to initiate ART in all HIV-positive pregnant women irrespective of CD4 count.^{33,35}

The apparent role of TB, which was frequently diagnosed in this cohort, in contributing to both morbidity and mortality following discharge is substantial. The association between AKI and TB is described in a retrospective cohort from Johannesburg, in which 26% of HIV-positive patients with AKI were diagnosed with TB, almost half of what we report.⁸ However, over half of the cases of TB we report were not laboratory confirmed.³⁶

Fifty-three percent of our cohort had laboratory findings suggestive of interstitial nephritis, which could be at least

TABLE 3. OUTCOMES OF MORTALITY, RENAL RECOVERY, AND COMORBIDITIES MEASURED AT DISCHARGE AND 3-MONTH FOLLOW-UP STRATIFIED BY BOTH TENOFOVIR DISOPROXIL FUMARATE EXPOSURE AND DURATION OF TENOFOVIR DISOPROXIL FUMARATE USE (N=175)

	TDF	Non-TDF	p	Duration of TDF use			p
				<6 Weeks	6–24 Weeks	>24 Weeks	
Mortality at discharge	93 (53)	82 (47)		20 (22)	25 (27)	48 (51)	
Deceased, <i>n</i> (%)	16 (17)	10 (12)	.353	4 (20)	5 (20)	7 (15)	.787
Fluid therapy alone, <i>n</i> (%)	88 (95)	80 (98)	.322	19 (95)	25 (100)	44 (92)	.324
Deceased, <i>n</i> (%)	13 (15)	9 (11)	.499	3 (16)	5 (20)	5 (11)	.617
Fluid and renal replacement therapy, <i>n</i> (%)	5 (5)	2 (2)	.322	1 (5)	0 (0)	4 (8)	.324
Deceased, <i>n</i> (%)	3 (60)	1 (50)	.809	1 (100)	0 (0)	2 (50)	.361
Duration of stay (days), median (IQR)							
If survived	9 (7–15)	9 (7–14)	.722	8 (7–20)	11 (7–15)	9 (7–15)	.949
If deceased	10 (6–16)	13 (9–16)	.286	11 (10–15)	10 (7–37)	6 (5–16)	.666
Mortality after 3-month follow-up							
Deceased, <i>n</i> (%)	25 (27)	22 (27)	.921	6 (30)	8 (32)	11 (23)	.665
Duration to death (days), median (IQR)							
Admission to death	30 (13–40)	64 (57–129)	.049	35 (30–40)	28 (13–125)	25 (13–88)	.783
Discharge to death	24 (18–30)	52 (47–122)	.016	22 (18–25)	23 (5–97)	28 (6–30)	.895
Renal parameters on discharge							
Renal recovery among deceased, <i>n</i> (%)							
Complete creatinine recovery	3 (20)	1 (10)	.504	0 (0)	1 (25)	2 (29)	.501
Partial creatinine recovery	7 (47)	5 (50)	.870	2 (50)	3 (75)	2 (29)	.328
Worsening creatinine	5 (33)	4 (40)	.734	2 (50)	0 (0)	3 (42)	.248
Renal recovery among survivors, <i>n</i> (%)							
Complete creatinine recovery	37 (48)	39 (54)	.456	9 (69)	9 (47)	19 (51)	.438
Partial creatinine recovery	32 (42)	19 (26)	.051	4 (31)	10 (53)	18 (49)	.438
Creatinine and eGFR (CKD-EPI) at death by renal recovery							
By creatinine ($\mu\text{mol/l}$), median (IQR)							
Deceased and complete recovery	79 (78–83)	92 (92–92)	.5	—	83 (83–83)	79 (79–79)	.667
Deceased and partial recovery	283 (131–368)	271 (139–513)	1	326 (283–368)	131 (116–147)	574 (311–836)	.095
Deceased and worsening creatinine	572 (527–627)	388 (366–577)	.413	577 (527–627)	—	572 (227–852)	1
By eGFR (ml/min per 1.73 m ²), median (IQR)							
Deceased and complete recovery	77 (76–78)	63 (63–63)	.5	—	76 (76–76)	78 (78–78)	.667
Deceased and partial recovery	13 (8–41)	13 (5–38)	1	10 (8–13)	41 (33–48)	6 (2–9)	.095
Deceased and worsening creatinine	4 (3–5)	7 (7–12)	.413	4 (4–5)	—	3 (2–18)	1
Renal parameters after 3-month follow-up							
Renal recovery among survivors, <i>n</i> (%)							
Complete creatinine recovery	37 (61)	40 (78)	.043	8 (62)	7 (54)	22 (63)	.849
Partial creatinine recovery	9 (15)	2 (4)	.055	0 (0)	2 (15)	7 (20)	.221

partially attributed to TB and/or NSAID use, although this finding is limited by the absence of renal biopsies in this cohort.^{37,38} While the immune reconstitution inflammatory syndrome (IRIS) is a known cause of an interstitial nephritis, the duration of ART exposure in the majority of our patients was for a longer period than that associated with the onset of IRIS; moreover, some patients were ART naive.^{38,39}

This study has several limitations. We restricted our sample to patients admitted to a single regional hospital in South Africa and we are unable to report the overall rate of AKI in TDF and other ART recipients. Tubular dysfunction using urine beta-2 microglobulin and fractional excretion of phosphate was not measured, and in some patients, not every study parameter was measured, but all had sufficient measured data to be eligible for inclusion.

Baseline SCr values were not available in all patients and missing baseline values were inferred using the MDRD formula (calculated using an eGFR of 75 ml/min/1.73 m²); this may have biased the classification of AKI severity in both the TDF, but particularly in the non-TDF group where baseline SCr levels were less readily available as ART-naïve patients infrequently had a measured SCr before admission or on follow-up.^{28,40}

Furthermore, no renal biopsies were performed in this cohort, particularly in those with partial renal recovery; however, in most instances, the etiology of AKI was clinically evident. Finally, the small sample size of the study and missing data values limited the regression analysis of this cohort.

Comparison of the two groups suggests that risks factors, etiology, and mortality of AKI in HIV-infected in-patients, irrespective of TDF use, are similar, but that coexisting TDF use appears to result in more severe and longer lasting AKI. Our findings suggest that a lower threshold for RRT may be needed in those with limited or no SCr recovery and intensive follow-up after discharge from hospital may reduce mortality in all HIV-infected AKI patients, and especially in those with concomitant TB.

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Authors' Contributions

F.S., N.M., E.V., and D.M. conceived the idea and designed the study. K.M. and P.A. contributed to data collection and data interpretation. F.S. drafted the article, with assistance from N.M., E.V., and S.N. All authors approved the final article.

Author Disclosure Statement

No competing financial interests exist.

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