Recognition of Apoptotic Cells by Viruses and Cytolytic Lymphocytes: Target Selection in the Fog of War

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Abstract

Viruses and cytolytic lymphocytes operate in an environment filled with dying and dead cells, and cell fragments. For viruses, irreversible fusion with doomed cells is suicide. For cytotoxic T lymphocyte and natural killer cells, time and limited lytic resources spent on apoptotic targets is wasteful and may result in death of the host. We make the case that the target membrane cytoskeleton is the best source of information regarding the suitability of potential targets for engagement for both viruses and lytic effector cells, and we present experimental evidence for detection of apoptotic cells by HIV, without loss of infectivity.

Keywords: apoptotic, cytoskeleton, lytic synapse, HIV, CTL, NK

“I share Alfred Nobel’s conviction that war is the greatest of all human disasters. Infectious disease runs a good second.”
—Peter C. Doherty

Target Selection in the “fog of war”

CARL VON CLAUSEWITZ is credited with first articulating the concept of *nebel des krieges* (“fog of war”) in his 1873 treatise, *On War*, to describe the uncertainties surrounding enemy status in the midst of war, and the difficulties in identifying appropriate targets. Applying the battlefield metaphor to viral infection and the anti-viral immune response, we can appreciate the difficulties faced by both viruses and anti-viral lytic effector cells in discriminating between suitable and unsuitable targets. In addition to healthy, uninfected, virus susceptible cells, and viable infected cells (appropriate targets for, respectively, infectious virus and cytotoxic lymphocytes), the killing field contains apoptotic uninfected and infected cells, and cell blebs. Uninfected cells may be triggered to apoptosis through antigen-specific or nonspecific exhaustive proliferation, or non-cognate contact with infected cells, and by released cytokines, or antiviral chemotherapy (13,30,47,51,57,60,64,87). Infected cells may also undergo intracellular viral induced apoptosis, or programmed death after lethal encounters with

natural killer (NK) or cognate cytotoxic T lymphocytes (CTLs). Apoptotic membrane blebs can contain surface viral receptors and/or Class I MHC molecules presenting viral peptide antigens (31,55,73,82,89).

Viral Recognition and Avoidance of Fusion with Apoptotic Targets

Viruses—especially retroviruses—would benefit from the ability to avoid infecting or irreversibly fusing with dying cells by detecting apoptotic target membrane features before irreversible fusion. This would prevent dead-end entry into doomed hosts, which are incapable of supporting productive infection. For example, HIV and SIV replicate primarily in a setting of increased uninfected CD4⁺ lymphocyte proliferation and turnover, marked by activation-induced cell death due to Fas and other contact-triggered suicide initiators, including uninfected cell contact with infected cells (13,30,51,57,60,64,87). Most leukocytes die within 12 h of initiating programmed cell death *in vitro*, and cell machinery required for viral integration, replication, assembly, and

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budding is compromised much sooner (23). This poses an existential problem for retrovirus with a minimum single replication cycle of ~ 30 h under optimal conditions (61). Moreover, *in vivo*, apoptotic cells can be eliminated rapidly, due to surveillance and removal by phagocytes recognizing “eat me” signals such as everted phosphatidyl serine (PS). Exosomes and apoptotic blebs may contain surface MHC, CD4, virus binding chemokine receptors (CKRs), and damage-associated molecular pattern proteins.

Since cells undergoing programmed death less than 24 h after irreversible virus-cell fusion are “sterile,” preservation of infectivity after encountering apoptotic cells would confer a selective advantage for virions in an HIV infectious swarm. Consider two HIV virions, one of which is capable of avoiding fusion with apoptotic membranes, with no other differences in viral fitness. Assuming stochastic encounters, replication in a cell population containing 10% apoptotic targets would result in a swarm comprising overwhelmingly (>99.999%) apoptosis discriminating virions after 35–40 cycles. Most cases of HIV infection are only confirmed after this acute phase, so we would expect essentially all viruses recovered from patients to exhibit this capacity, even assuming infection with a predominantly non-discriminating swarm, and discounting the high mutation rate of HIV, which rapidly generates new geno-phenotypes under selective pressure.

How might this discrimination occur? Although externalized PS is well established as an apoptotic feature marking cells for phagocytosis, it is also transiently exposed on activated cells that are the best hosts for HIV and herpes viruses. Investigators recently showed that initial HIV env-receptor engagement induces Ca^{++} flux-triggered PS externalization, which, in turn, dramatically enhances viral fusion and entry (16,95). In addition, many tumors upregulate surface PS (20), yet they remain susceptible—even preferentially so—to a variety of oncolytic viruses (66). PS-mediated “apoptotic mimicry” refers to enveloped pathogens carrying everted PS exploiting cellular receptors for uptake of apoptotic debris, and indirect induction of interleukin (IL)-10 and other immunosuppressive cytokines by phagocytes after ingestion of infected cells or cancer cells exhibiting externalized PS (9). These are not examples of surface PS signaling “stay away!” to intracellular pathogens. These observations make it highly unlikely that exposed PS is the signal preventing irreversible viral fusion with apoptotic cells. By contrast, defects in cytoskeletal and associated protein function represent an ideal barrier to cell-free and cell-associated viral fusion.

We published the first demonstration of HIV (or any virus) requiring target cell actin-myosin cytoskeletal function for fusion-mediated entry, specifically, co-capping of CD4 and CKRs (36). Our results with cell-free virions were subsequently confirmed for cell-associated HIV (40,41), and for several other types of virus (59,85). Given the paucity of HIV envelope fusion spikes (<100 per virion), and the need for multiple trimeric spikes to simultaneously engage their receptors and insert envelope fusion components to efficiently mediate membrane penetration, we have argued that the use of a single cell surface receptor for virus places a much lower stochastic burden on binding than the requirement for simultaneous dual receptor binding. Single receptor binding should, therefore, facilitate spread (38). However, the great majority of HIV and SIV strains recovered both

in vivo and *in vitro* require dual binding of co-capped CD4 plus CKR to trigger virus-cell membrane fusion. Since HIV appears to have evolved a more stringent requirement for actin cytoskeleton-mediated dual receptor co-capping as compared with ancestral SIV (52), we reasoned that this must confer a selective advantage over use of only a CKR—namely, avoidance of inappropriate CD4^- and/or quiescent or dying CD4^+ targets that are incapable of supporting viral replication.

Using SIV, we demonstrated this selective advantage for actin-dependent receptor co-capping by the emergence of predominant co-receptor dependence several generations after infection *in vitro* with a single receptor-dependent strain (37). Similar emergence of predominantly dual receptor SIV after infection with a single CKR-dependent virus had previously been observed in macaques (21,46,74), but those *in vivo* studies were complicated by issues of potential selective pressure from immune responses and depletion of target cell populations. Our studies revealed rapid *in vitro* evolution toward dual receptor usage, independent of host defense mechanisms or exhaustion of host target supply. We hypothesized that selection of CD4^+ hosts was a major evolutionary driver of initial CD4 binding, proposing greater intrinsic replication competence of CD4^+ versus CD4^- T cells. In addition, if receptor co-capping is a marker of non-apoptotic cells, this could explain the retention of the CKR requirement (as opposed to CD4 only). Further studies of HIV-cell membrane fusion have implicated endocytosis and target cell filopodia surface transport (15,50). These mechanisms, like receptor co-capping, require a functional target cell cytoskeleton. Moreover, exploitation of the host cell cytoskeleton for entry is a feature of many other types of virus (68,80,86).

Since defective host cell membrane cytoskeletal function would be a better marker of apoptosis than exofacial PS, with respect to retrovirus encountering apoptotic host cells, we hypothesized that cytoskeletal defects in co-receptor capping would prevent irreversible fusion. Surprisingly, although cytoskeletal functions play an essential role in the morphological changes seen during apoptosis (22), little has been published as to when surface receptor capping is lost during lymphocyte programmed cell death. We, therefore, generated data showing that within 2–3 h of Fas engagement, apoptotic cells fail to cap CXCR4 when exposed to CD4/CXCR4 binding HIV envelope gp120 (below, Fig. 1) or intact HIV (not shown). Non-adherent day 3 Phytohaemagglutinin (PHA)-activated peripheral blood mononuclear cells (PBMCs) were exposed to 100 ng/mL Fas cross-linking anti-Fas IgM mAb for 3 h, then placed in droplets onto Poly-L-Lysine covered replicate glass slides, and exposed to 5 $\mu\text{g/mL}$ CHO cell produced recombinant CXCR4-tropic rgp120 (HIV IIIB strain, ImmunoDiagnostics, Inc., MA). At 15, 30, 60, and 90 min after addition of rgp120, cells were fixed with paraformaldehyde; then, they were stained with FITC-conjugated secondary Ab anti-CXCR4 (green) and PE-conjugated Annexin V (red). Confocal overlapping images were originally obtained at 40 $\times$ and 100 $\times$ magnification.

At 15 min (Fig. 1A), none of the lymphocytes showed evidence of CXCR4 surface capping, and roughly half the cells exhibited diffuse red labeled Annexin V binding to everted PS, indicative of apoptosis. By 30 min (Fig. 1B), a significant proportion of the non-apoptotic (green only) cells

FIG. 1. Apoptotic cells (red stained for PS) fail to co-cap green stained CXCR4 at 15 (A), 30 (B), 60 (C), or 90 (D) minutes, whereas non-apoptotic (green only) cells show progressively increased and localized capping over the same 90 minute time period.

exhibited surface CXCR4 clustering or partial capping, visible as a bright circumferential green rim or crescent. Apoptotic cells staining red for Annexin V showed only diffuse green stippling. At 60 min (Fig. 1C), many green non-apoptotic cells showed clear evidence of CXCR4 polar capping. By contrast, none of the red apoptotic cells exhibited polarized or even partially polarized CXCR4. Finally, after 90 min (Fig. 1D), most of the non-apoptotic green cells had formed CXCR4 caps or pseudopods, whereas dual staining Annexin V positive cells appeared predominantly red, retaining the diffuse distribution of green CXCR4 seen at the 15 min time point.

Retained Infectivity of HIV Bound, but Not Fused, to Apoptotic Cells

Retention of infectivity for viruses that bind apoptotic cells without entering is crucial to our hypothesis. Loss of infectivity after non-fusion encounters would not confer a selective advantage over non-discriminating virus strains. We, therefore, tested this in transmission experiments. Whole PBMCs were stimulated for 3 days with PHA and IL-2 to generate blast forms suitable for infection. Untreated control cells were maintained without further manipulation before use in infection-transmission assays. For 36 h before

HIV exposure, the remaining cells were continuously cultured in 25 μ M AZT + 25 μ M 3TC to block intracellular HIV reverse transcription. Drug-treated or -untreated cells were then split into two groups. One was incubated with anti-Fas IgM (2 μ g/mL) for 3 h to induce apoptosis. The other group was not. The anti-Fas-triggered population was labeled for dead cells (Miltenyi Dead Cell kit), which were removed by immunomagnetic column filtration. The recovered live cells were then positively immunoselected for expression of PS bound to Annexin V. Meanwhile, the group of PHA-stimulated cells not exposed to anti-Fas was labeled with Annexin V and dead cell reactive mAbs, and it was negatively column selected to recover the pass-through non-apoptotic viable population.

Identical but separate pools of PHA-activated, AZT + 3TC-treated cells were used to obtain non-apoptotic versus anti-FAS-triggered apoptotic cells. In this way, we addressed the theoretical possibility that cells most susceptible to HIV infection after PHA stimulation are also the most susceptible to Fas-induced apoptosis. By not simply separating one pool of anti-Fas-treated cells into apoptotic versus non-apoptotic populations, we avoided the potential pitfall of obtaining a non-apoptotic activated population in which the most infectable cells had already been driven into apoptosis by prior Fas cross-linking.

Populations of PHA-activated PBMCs, highly enriched for either non-apoptotic cells or viable apoptotic cells, were exposed to ~ 200 ng p24 equivalents of CCR5 tropic HIV-1 BaL at 5°C (binding permissive) or 37°C (binding and fusion permissive). After 1 h of viral exposure, cells were washed $\times 3$, and 1×10^5 cells were plated into quadruplicate 1 mL "rescue" cultures containing 5×10^5 PHA-stimulated, non-apoptotic, autologous PBMCs that had not received antiretroviral treatment. These rescue cultures were sampled, in parallel, for supernatant p24 at days 1, 3, 5, 7, and 10 to assess viral transmission from the various HIV-exposed cell populations, and expansion in untreated autologous PHA-activated PBMCs (Fig. 2).

As shown, non-apoptotic control cells, not pre-treated with antiretroviral drugs, and exposed to HIV at cold or warm temperatures, were able to transmit HIV to fresh PBMC cultures. However, when non-apoptotic cells were pre-treated with AZT + 3TC, they failed to transmit detect-

able infection to the surrounding susceptible amplifying culture cells, indicating complete internalization and subsequent inactivation of all surface bound virus remaining after the third wash. Presumably, HIV bound at 5°C was so intimately bound to the cell membrane that fusion was completed on deposition into the 37°C rescue cultures before any fresh PBMCs were encountered. By contrast, after three washes, all groups of apoptotic cells, with (shown) or without (not shown) antiretroviral pre-treatment, remained associated with enough infectious and transmissible HIV to speed robust viral growth in rescue cultures. This demonstrates lack of internalization by apoptotic cells, and retention of bound infectious virions at the apoptotic cell membrane surface. Though not critical for our hypothesis, CD4-specific HIV binding was confirmed by pre-treatment with CD4 blocking mAb Leu3a before HIV exposure. All groups pre-treated with Leu3a, including apoptotic cells at 5°C and 37°C, failed to transmit detectable infection to rescue cultures, demonstrating prevention of virus binding.

Cytotoxic Lymphocyte Recognition and Avoidance of Apoptotic Targets

The ability to quickly detect and avoid engagement with apoptotic targets would also be highly advantageous for cytotoxic effector cells, engaged in a race with exponentially replicating virus (62,90,91). Lymphocyte-mediated cytotoxicity entails receptor detection of surface target cognate antigen, a time-consuming process of membrane spreading and probing for rare (as few as 1–5) surface cognate antigens. Recognition is followed by effector cell polarization, formation of a cytolytic synapse, and assembly of a perforin-based pore through which pre-formed granzymes are injected. In addition, surface membrane Fas on target cells may be engaged and cross-linked by CTL surface FasL, triggering granzyme-independent apoptotic pathways. Each of these steps takes precious time and metabolic energy on the part of CTL or NK cells, which typically spend several minutes in membrane contact with targets. The actual completion of target cell apoptosis and/or lysis can take much longer, and cytolytic effectors are believed to disengage in many cases before the fate of a CD8⁺ CTL or NK-targeted tumor or virus-infected cell is sealed (14,33,39), although

FIG. 2. HIV bound to apoptotic cells is not internalized and remains infectious.

some *in vivo* experiments yielded synaptic dwell times averaging 6 h for immunogenic tumors and 21 h for cognate killing of non-tumor targets (8). These different rates of killing and cytotoxic synapse duration reflect NK and CTL heterogeneity and density, target heterogeneity and density, mobility within tissue fields, and volume of killing fields (28,29,42).

Importantly, CTL and NK cells carry out their “seek and destroy” missions in a complex mixed environment of healthy, diseased, dying, and dead cells. Potential targets may be undergoing apoptosis due to virus-triggered programmed death, anti-viral drug therapy, or after prior lethal hits from effector CTLs and NKs. In the case of tumor cells, radiation therapy and vascular insufficiency are additional triggers of apoptosis. How can effector cells avoid wasteful engagement with dying targets? More information is available for NK cells than for CD8⁺ CTL. Direct interaction with MHC class I leads to inhibitory phosphorylation of NK cell KIRs (34,54). Disengagement of NK cells carrying out antibody-dependent cell-mediated cytotoxicity (ADCC) occurs via shedding of NK surface FcR (CD16) after repeated engagement (24,77). However, neither of these avoidance and release mechanisms explains NK disengagement from non-ADCC targets with downregulated class I. Likewise, the mechanisms responsible for CD8⁺ CTL avoidance of, abortive engagement with, or detachment from targets are poorly defined.

Broadly speaking, there are two conceptually distinct strategies for effector-target detachment or lack of initiation of synaptic engagement. One relies on immunologic synapse (IS) disassembly due to summed receptor signals, or an internally timed cascade, leading to shedding or recycling of effector cell receptors. Such mechanisms entail programs, intrinsic to the effector cell, that are irreversible at some point post-engagement, regardless of target status. The second general strategy posits continuous sensing of target cell membrane properties to detect the presence, or absence, of some component that is necessary for synaptic initiation, maintenance, or detachment. In this model, the health status of the target, rather than (or, in addition to) a pre-determined effector cell program, signals when it is time for CTLs or NKs to release and move on.

Experimental data exist for both effector-intrinsic and target-intrinsic models. *In vivo* and lymph node *in situ* studies suggest that CTLs move rapidly from cell to cell, delivering short “hits” that are insufficient, individually, to trigger cell death, with multiple closely spaced CTL encounters required to induce death in virus-infected (33) or tumor (14,39) cells. The evolutionary value of such effector-mediated early release can be inferred from studies showing that prolonged NK lytic IS engagement results in excessive NK inflammatory cytokine secretion, creating a potentially lethal “cytokine storm” (18,39,49). However, the time between the last hit and actual cell death could also reflect target mediated changes that deter any further surface interaction with effectors. In fact, when NK targets were pre-treated with caspase inhibitors, detachment was delayed more than fivefold (from 8 to >40 min), with consequent increased NK secretion of IL-2, tumor necrosis factor, interferon-gamma, and inflammatory chemokines (39).

The need to avoid catastrophic cytokine storm may explain premature release from still viable targets via

mechanisms that are intrinsic to lytic effectors. Target cell caspase-dependent release mechanisms simultaneously prevent dangerously prolonged IS dwell times, as well as inefficiently redundant effector “hits.” How, then, is intracellular caspase release detected at the target cell’s outer membrane where effectors engage? Everted PS is one consequence of caspase activation, but we have already noted, with respect to viruses, the inadequacies of exofacial PS as a suitable marker of irreversibly doomed targets. It is also less than ideal for marking CTL targets as irreversibly damaged, since it is upregulated on some infected cells that are appropriate targets, and on many viable tumor cells (9,16,20,66,67,95). Phagocytosis of infected or malignant cells expressing surface PS does induce local immune tolerance, and is an example of co-opted homeostatic effector down-modulation, but its indirect, cytokine-mediated mechanism of M2 induction makes it unsuitable as a contact-dependent signal of target cell apoptotic status (9). By contrast, for cytotoxic lymphocytes as for viruses, the target cell membrane is the ideal transducer of information regarding potential target cell health status.

Recently, Kumari *et al.* (45) demonstrated that the duration of non-lytic stimulatory IS between CD4⁺ T helpers and antigen presenting cells (APCs) is controlled by maintenance of CD4⁺ T cell cytoskeleton-dependent tension in the plane of the activation synapse. This decays as CD4⁺ T cell Wiskott-Aldrich syndrome protein (WASP) is degraded, consistent with previous findings on the role of WASP in APC-T cell IS stability (56). Effector cell membrane tension may be monitored by the co-localized mechanosensory protein CasL, which is phosphorylated on conformational stretching (75,94). This represents effector cell programmed release of the CD4 T cell stimulatory synapse. Several groups have shown that CD8⁺ CTLs also exert lateral force in the plane of the target cell membrane, and that this tension is required for the efficient formation and function of lytic synapses, including perpendicular indentation of the target membrane by CTL microprojections and perforin pore formation (7,48,79). In fact, the T cell receptor (TCR)–CD3 complex has been described as a mechanosensor (17,26,35,93), operating as an immunotope-discriminating “catch bond,” exquisitely sensitive to physiologic shear forces (25,76,92).

However, synapse tension has been elucidated with respect to the cytolytic effector’s tension-generating cytoskeletal machinery rather than the target cell’s, Newton’s Third Law dictates that effector cell tension requires equal opposing resistance (i.e., tension) from the target membrane. Indeed, required cytoskeletal reorganization in APCs and tumor cells at the stimulatory and lytic IS, respectively, has been demonstrated (4,5,17,35,56,93). Moreover, confirming and expanding much earlier reports by Roozmond *et al.* (69,70–72) that excessive fluidity or rigidity of target membranes interferes with NK killing, the susceptibility of cancer cells to NK and CTL lysis has recently been found to vary with membrane stiffness and the presence, activation state, and functional distribution of tumor cytoskeletal and intercellular adhesion molecules (1,2,53,81). Results are not entirely consistent across systems with respect to the impact of changes in membrane stiffness, but supporting matrices differ dramatically in their inherent rigidity and the resulting visco-elasticity of supported cells (63,65). It is also worth

noting that mitotic cells, in general, and mitotic tumor cells, in particular, exhibit spherical rounding and increased membrane stiffness (12,65,83). This may prevent formation of lytic synapses—which typically require 20–100 μm^2 of flat surface area interface—thereby contributing to escape from immune surveillance and/or killing.

Involvement of target cytoskeletal status in regulation of immune synapses with APCs and cancer cells strongly suggests a role for some of these same molecules in apoptotic target recognition. The full array of cytoskeletal components and adhesion molecules has been implicated in very early, even initiating, apoptotic membrane changes, as well as subsequent stages of delamination, blebbing, and organelle disintegration (22,27,84). For example, during *Drosophila* development, in some cells the earliest initiating phase of apoptosis entails actin-mediated movement of the nucleus to the cell periphery (6), preceding caspase activation by damaged mitochondria. Clearly, such polarization might be detectable at the cell surface. However, mechanisms of programmed death operating during development may not be fully applicable to cytolytic processes. Most studies report loss of mitochondrial transmembrane potential and/or caspase cascade as initial CTL target cell responses, leading to early cleavage of actin and other cytoskeletal proteins. Moreover, granzyme B, injected through CTL perforin pores, was reported to directly cleave α -tubulin, filamin, and gelsolin components of the cell cytoskeleton (3,10,22,32,51,58,82,89); whereas Fas-mediated apoptosis induces early caspase 3 dependent cleavage of gelsolin, leading to actin filament disintegration (44). Conversely, cleaved 14 kD fragments of actin, and even cytoskeleton mechanical distortion, accelerate and potentiate apoptosis (22). Thus, early disruption of the cytoskeletal architecture serves as a positive feedback loop driving irreversible death programs.

Two early features of apoptotic cells mediated by cytoskeletal changes are rounding and roughening (ruffling) of the cell membrane (43). Roughening is also a feature of malignancy (88), and it may interfere with cytolytic synapse architecture and pore formation in CTL-resistant tumor cells. Rounding, as noted earlier, if sufficiently severe and rigid (as in the case of apoptotic blebs), could thwart the formation of lytic synapses. Apoptosis is also reported to increase membrane stiffness, although this is not a universal finding, and may vary with cell type, method of measurement, and stage of death. As for tumor cells, increased stiffness could impede the ability of CTLs and NK cells to form a planar synaptic interface if it prevented adequate flattening deformation of curved membranes. Again, studies positively correlating activation of cytolytic mechanisms with target membrane stiffness have employed artificial, rigid supports, so issues of membrane curvature and lytic synapse geometry have not really been addressed.

Overall, the most likely mechanisms for apoptotic membrane prevention of effective lytic synapse formation are (1) a lack of appropriately organized, activated, or recruitable target cytoskeletal components and associated ligands to establish and/or stably anchor the maturing lytic synapse; (2) inability to generate adequate complementary opposing lateral forces in the target membrane as required for transmission of mechano-transduced signals to the effector cell via cognate catch bond receptors.

Summary and Conclusions

We have outlined various related obstacles facing viruses and cytolytic lymphocytes seeking suitable targets enshrouded in the “fog of war.” We describe significant, even existential, challenges posed by the presence of apoptotic targets and cell fragments, and we hypothesize that detection of early apoptotic changes in cytoskeletal function and/or composition constitutes ideal markers for external determination of potential target cell status. We present experimental evidence that HIV virions bind specifically to CD4 on apoptotic cells, but, in the absence of triggered coreceptor capping, fail to fuse with these doomed hosts. We further show that these CD4-bound virions remain infectious at the apoptotic cell surface, and productively infect fresh, non-apoptotic targets, thereby giving them a potent survival advantage.

Likewise, early and recent studies on the importance of the target cell cytoskeleton for functional lytic synapse formation are consistent with the idea that cytoskeletal alterations during early programmed cell death could deter initial or prolonged engagement of CTLs and NK effectors. We note that increased fixed curvature, stiffness, and roughness of the early apoptotic and mitotic cancer cell membranes, and cell blebs and fragments, may interfere with formation of a planar lytic synapse. Alternatively, defects in target cytoskeletal function, or excessive membrane fluidity may prevent appropriate generation of lateral tension at the IS.

Elucidating in detail the role of apoptotic target membrane components in restricting lytic contact and dwell time could provide new avenues for therapeutic intervention, and it could improve our understanding of the kinetics of cell-mediated virus and tumor clearance. For example, a recent study of engineered chimeric antigen receptor (CAR) T cells revealed a less symmetric, more fragmented, and less well-organized lytic IS, with minimal LFA-1 dependence, compared with conventional CD8 TCR synapses (19). Key findings were faster, more efficient pore formation and granzyme injection, and quicker detachment by CAR T cells. Understanding target membrane contributions to the observed kinetic differences between CAR and TCR T cell target engagement may inform the rational design of future generation CAR T cells, allowing them to ignore apoptotic targets, while exhibiting increased ability to focus firepower on elusive stem cancer cells.

More broadly, it is clear that cancer cells and intracellular pathogens have evolved evasive strategies that co-opt mechanisms of immune homeostasis, such as the induction of immune checkpoint inhibitors, leading to chronic persistence and/or T cell exhaustion. It would not be surprising, therefore, whether some engagement-detering features of apoptosis were, likewise, co-opted by tumors and virus-infected cells. Indeed, externalized PS has already been adduced as a generalized example of “apoptotic mimicry” exploited by tumors and many intracellular pathogens (9). Viruses remodel the host cytoskeleton to impair immune recognition (78), and inflammation causes increased rigidity in primary APCs (11). Future studies should explore effector–apoptotic target interactions in *in vivo* or in *ex vivo* systems that replicate stroma with respect to crucial elements of stiffness, three-dimensional contact, oscillatory shear stress, cytokine milieu, and physiologic hypoxia.

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