

Alterations in Natural Killer Cell Receptor Profiles During HIV Type 1 Disease Progression Among Chronically Infected South African Adults

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Abstract

Recent studies suggest that innate immune responses by natural killer (NK) cells play a significant role in restricting human immunodeficiency virus type-1 (HIV-1) pathogenesis. Our aim was to characterize changes in NK cells associated with HIV-1 clade C disease progression. Here we used multiparametric flow cytometry (LSRII) to quantify phenotype and function of NK cells in a cross-sectional analysis of cryopreserved blood samples from a cohort of 41 chronically HIV-1-infected, treatment-naive adult South Africans. These individuals ranged in disease severity from early (CD4 count >500) to advanced HIV-1 disease (CD4 count <50). We found that the frequency of NK cells expressing KIR2DL1, an inhibitory receptor, and/or KIR2DS1, an activating receptor, tended to decrease with increasing HIV-1 viral load. We also discovered a significant increase ($p < 0.05$) in overall NK cell degranulation with disease progression. We found that acutely activated NK cells (CD69^{POS}) were deficient in NKp46 expression *ex vivo*. In conclusion, we observed that with viremia and advanced HIV-1 disease, activated NK cells lack NKp46 expression, and KIR2DS1^{POS} and/or KIR2DL1^{POS} NK cells are reduced in frequency. These findings suggest that modulation of receptor expression on NK cells may play a role in HIV-1 pathogenesis, and provide new insights on immunological changes in advanced HIV-1 disease.

Introduction

INCREASING EVIDENCE SUGGESTS that innate immune responses, and in particular natural killer (NK) cells, can contribute to the control of human immunodeficiency virus type-1 (HIV-1) infection. Epidemiological studies have demonstrated that the expression of specific NK cell receptors, in conjunction with their HLA class I ligands, is associated with slower HIV-1 disease progression^{1,2} and functional studies have shown that NK cells from individuals that encode for these protective receptor/ligand combinations can restrict HIV-1 replication *in vitro*.³ In addition, decreased expression of several cell-surface receptors including Siglec-7 and CD56 marks dysfunctional NK cells in chronic HIV-1 infection.⁴⁻⁶ However, these recent studies were largely performed

studying NK cells in HIV-1 clade B-infected caucasian populations, and very little is known about NK cell responses in sub-Saharan African populations, which are most affected by the HIV-1 epidemic. Recently, Eller and colleagues found increased degranulation and cytokine responses in NK cells from Ugandans infected with HIV-1 Clade A or Clade D viruses compared to HIV-uninfected individuals from the same region. In sub-Saharan Africa HIV-1 clade C is the predominant viral subtype⁷ and the most common ethnic groups there differ from other regions of world. Whereas limited studies have established genetic frequencies for some genes encoding surface receptors on NK cells from people of Zulu and Xhosa descent,^{8,9} common ethnic groups in South Africa, very little is known about NK cell profiles in these populations.

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The function of NK cells is determined by the integration of signals from a number of activating and inhibitory receptors. These receptors allow NK cells to recognize virally infected cells that have downregulated the expression of HLA class I molecules and/or upregulated stress molecules on their surface that serve as ligands for activating NK cell receptors. Furthermore, NK cells play an important role in modulating the adaptive immune response to infection through their interaction with dendritic cells and the secretion of immunoregulatory cytokines. Recent studies have suggested that both the antiviral activity of NK cells and their immunoregulatory function can be impaired in HIV-1 infection.^{5,10}

Here, we assessed the phenotype and function of NK cells in a cohort of chronically HIV-1 infected, treatment-naive adult South Africans, including individuals with high and very low CD4⁺ T cell counts. In individuals with advanced disease, we observed significant deregulation of NK cell subsets that included the downregulation of activating receptors. These findings suggest that modulation of receptor expression may play a role in HIV-1 pathogenesis, and provide new insights on immunological changes in advanced HIV-1 disease.

Materials and Methods

Study subjects

Forty-one antiretroviral (ARV) treatment-naive HIV-1-positive South African individuals were enrolled from the Sinikithemba HIV Clinic, McCord Hospital, in Durban, and the Edendale Hospital, in Pietermaritzburg; both located in KwaZulu-Natal province of South Africa. Exclusion criteria included concomitant tuberculosis infection. All HIV-1-seropositive patients tested positive for HIV-1 by the RAPID Determine HIV 1/2 test (Abbott Diagnostic Division, Hoofddorp, The Netherlands). Viral load was quantified by polymerase chain reaction (PCR) using the Roche COBAS Amplicore HIV-1 Monitor Test, version 1.5 (Roche, Basel, Switzerland). All individuals in this cohort were confirmed to be infected with HIV Clade C by near full-length viral sequencing performed previously in a separate study.¹¹ CD4 T cell counts were determined from whole blood using the BD Trucount kit (BD Biosciences, San Jose, CA) on a FACS-Calibur flow cytometer (BD Biosciences). KIR genotypes for the study participants were established from genomic DNA as previously described.¹² The HLA (Supplemental Table 1; see www.liebertonline.com/aid) and the KIR genotype profiles (Table 1) of this cohort were representative of previous reports on populations from South Africa.^{8,9,13–16} The study protocol was approved by the Institutional Review Boards of the University of Kwa-Zulu-Natal, McCord's Hospital, Edendale Hospital, Kwa-Zulu-Natal Provincial Department of Health, Massachusetts General Hospital, and Harvard Medical School. All patients provided written informed consent prior to sample collection.

Sample preparation

Blood samples were collected in EDTA tubes (BD Biosciences) and peripheral blood mononuclear cells (PBMCs) were isolated by density gradient centrifugation using Ficoll-Histopaque 1077 (Sigma-Aldrich, St. Louis, MO) within 6 h of

blood collection. The PBMCs were cryopreserved in 90% fetal calf serum/10% dimethyl sulfoxide (DMSO) and stored in liquid nitrogen (−170°C) prior to analysis.

Multiparameter flow cytometric phenotypic analyses

Sample analysis was performed in Durban, South Africa, using a 16-color multiparametric LSRII flow cytometer (BD Biosciences). A minimum of 200,000 events was acquired in the lymphocyte gate based on forward and side scatter parameters. Dead cells were excluded with LIVE/DEAD Fixable Aqua Dead Cell Stain (Invitrogen, Frederick, MD). All antibodies were from BD Biosciences unless otherwise indicated. Allophycocyanin (APC)-conjugated anti-CD3 (clone UCH1), anti-CD14 (clone M5E2), and anti-CD19 (clone H1B19) antibodies were used to exclude non-NK cells (i.e., T cells, monocytes/macrophages, and B cells, respectively) and phycoerythrin-Cy5 (PE-Cy5)-conjugated anti-CD56 (clone B159) and anti-CD16 (clone 3G8) antibodies were used to gate NK cells. In the panels used to identify specific NK cell subsets, Alexa 700-conjugated anti-CD56 (clone B159) and fluorescein isothiocyanate (FITC)-conjugated anti-CD16 (clone 3G8) antibody were used. In addition, the following antibodies were used: phycoerythrin (PE)-conjugated anti-KIR3DL1/S1 (clone Z27) (Beckman Coulter, Fullerton, CA), anti-KIR3DL1 (clone DX9), anti-NKp46 (clone 9E2), anti-CD158a (anti-KIR2DL1/KIR2DS1) (clone HP-3E4), and anti-CD158b (anti-KIR2DL2/KIR2DL3/KIR2DS2) (clone CH-L) antibodies; FITC-conjugated antibodies: anti-KIR3DL1 (clone DX9), anti-CD69 (clone FN50), and anti-CD158a (anti-KIR2DL1/KIR2DS1) (clone HP-3E4); and PE-Cy5-conjugated anti-CD107a (clone H4A3).

Functional NK cell assays

We assessed the ability of NK cells to degranulate following stimulation *in vitro* as a surrogate for NK cell cytotoxicity as previously described.¹⁷ In brief, PBMCs were cocultured for 4 h at 37°C with 721.221 cells (ATCC), HLA class I-deficient B cells, at a 10:1 effector-to-target ratio in 200 μ l of RPMI medium with 10% fetal bovine serum (FBS) (R10) in a 96-well round bottom plate. In addition, monensin (Golgi-Stop, BD Biosciences) was added to a final concentration of 6 μ g/ml. NK cell degranulation was quantified by measuring the accumulation of CD107a expression by flow cytometry. As a positive control PBMCs alone were stimulated with phorbol-12-myristate-13-acetate (PMA) (1 μ g/ml) and ionomycin (0.5 μ g/ml) (Sigma-Aldrich) for 3 h.

Statistical analyses

Digital data of scatterplots from the flow cytometer were analyzed with FlowJo 8.8 (Tree Star, Ashland, OR) software. The Kruskal–Wallis test was used for the initial analysis of demographic data (e.g., viral loads) among the patient groups in the cohort. For analysis of the endpoints (i.e., cell frequencies), however, the data were analyzed collectively for the entire cohort, rather than between patient groups. Linear regressions were performed using Prism 5.0a software (GraphPad Software, La Jolla, CA). Cell frequencies between specific NK cell subsets (such as NKp46^{bright} versus NKp46^{dull/neg}) were compared by the Mann–Whitney *U* test.

TABLE 1. CLINICAL PARAMETERS AND KIR GENE REPERTOIRES OF THE SOUTH AFRICAN COHORT (N=41)^a

No.	PID	CD4	VL	KIR gene															
				2DL1	2DL2	2DL3	2DL4	2DL5	2DP1	2DS1	2DS2	2DS3	2DS4	2DS5	3DL1	3DS1	3DL2	3DL3	
1	SK011	325	123,000																
2	SK018	83	400,000																
3	SK021	163	387,000																
4	SK022	577	5,690																
5	SK036	32	31,300																
6	SK060	909	941																
7	SK086	8	2,240																
8	SK090	53	98,400																
9	SK102	196	298,000																
10	SK106	1020	59,200																
11	SK149	320	40800																
12	SK150	314	13900																
13	SK157	182	473,000																
14	SK171	117	750,000																
15	SK175	977	439																
16	SK183	189	750,000																
17	SK203	1466	50																
18	SK229	310	52300																
19	SK233	18	79700																
20	SK253	51	89,100																
21	SK256	861	15,000																
22	SK265	35	48800																
23	SK266	327	75000																
24	SK274	910	6,450																
25	SK280	738	663																
26	SK292	317	5070																
27	SK295	16	33800																
28	SK304	934	112,000																
29	SK307	805	441																
30	SK317	103	750,000																
31	SK326	328	273000																
32	SK327	174	157,000																
33	SK334	165	750,000																
34	SK356	309	120000																
35	SK358	316	59100																
36	SK392	169	750,000																
37	SK394	320	49300																
38	SK399	913	2,520																
39	SK410	310	234000																
40	SK428	306	79500																
41	SK444	325	123,000																

^aPID, patient identification; CD4, CD4 cells/ μ l blood; VL, viral load; KIR gene present, filled square; KIR gene absent, open square.

Results

The frequencies of NK cell subsets in peripheral blood change with HIV-1 disease progression in a cohort of HIV-1 chronically infected South African adults

To test the hypothesis that the frequencies and phenotypes of NK cells differ in advanced HIV-1 disease among South Africans we conducted a cross-sectional analysis of a cohort of 41 HIV-1 chronically infected adults from KwaZulu-Natal, South Africa. These individuals, who were all ARV naive, ranged in disease progression from early disease (CD4 count >500) to advanced disease (CD4 count <50) (Table 1). The frequencies of KIR genes in this cohort were comparable to previously described KIR gene frequencies among South Africans.⁹ Using multiparametric flow cytometry (LSRII) we assessed the phenotypes and frequencies of NK cells in cryopreserved PBMC samples from these donors. We used fluorescence minus one (FMO) staining controls to establish the parameters for gating, excluded dead cells with a viability dye, and identified NK cell lymphocytes by a CD3^{neg}CD14^{neg}CD19^{neg} and CD56^{pos} and/or CD16^{pos} phenotype (Fig. 1). We found that individuals with the most advanced HIV-1 disease had a significant expansion of CD56^{neg}CD16^{pos} NK cells that correlated with viral load ($p < 0.01$) (Fig. 2). We also observed a similar trend in a negative correlation with CD4 count (data not shown). In addition to this increased frequency of CD56^{neg}CD16^{pos} NK cells, we also noted a slight but significant ($p < 0.05$) decrease in the frequency of CD56^{dim} NK cells (Fig. 2b). Our results confirmed previously described

observations of alterations in NK cell subsets associated with advanced HIV-1 disease.^{18,19}

Changes in the frequencies of NK cells expressing selected KIRs during HIV-1 disease progression

To further investigate these alterations in NK cells among individuals at various stages of HIV-1 disease we quantified the expression of some of the most commonly expressed KIRs. Specifically, we quantified the expression of activating KIRs, KIR2DS1, and KIR3DS1 and inhibitory KIRs, KIR2DL1, and KIR3DL1 by multiparametric flow cytometry on an LSRII. For our analysis, we compared KIR expression among donors of the same KIR genotype, which had been determined previously. Individuals who did not possess the respective KIR genes were excluded from the analysis. We found that in individuals who possessed both *KIR2DL1* and *KIR2DS1* genes the frequency of NK cells expressing one or both of these receptors tended to decrease with higher viral loads (Fig. 3). However, this trend did not reach statistical significance ($p = 0.09$, $r = -0.535$). Due to the limitation of antibody cross-reactivity with the HP-3E4 antibody that recognizes both *KIR2DL1* and *KIR2DS1* we were not able to determine whether this trend was due to a decreased frequency of *KIR2DS1* or *2DL1* expressing cells or a decreased frequency of NK cells expressing both receptors. However, we did not observe a similar trend among the individuals who possessed only the *KIR2DL1* gene (Fig. 3b). Also, we did not observe a similar trend in the frequency of *KIR3DS1* and/or *KIR3DL1*-expressing

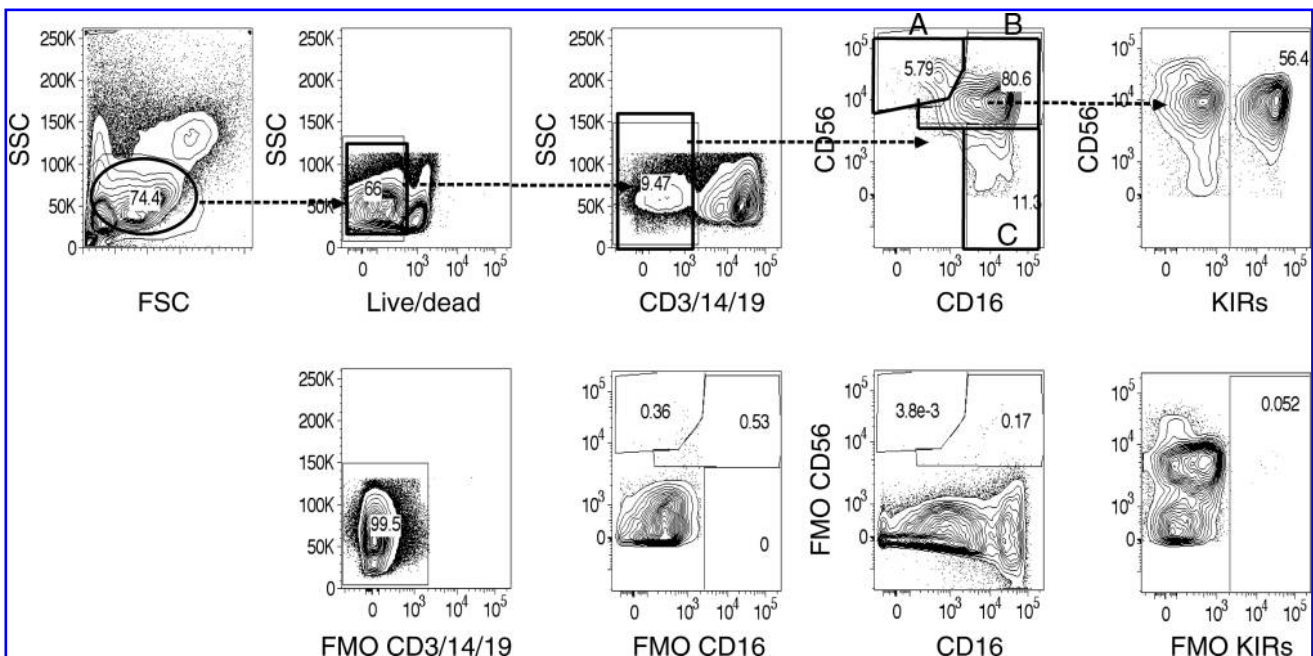


FIG. 1. Flow cytometric analysis of lymphocytes derived from peripheral blood mononuclear cells from HIV-1-infected individuals. In the gating strategy for NK cells, lymphocytes were first gated according to forward and side scatter and then for live cells based on the BD LIVE/DEAD Fixable Dead Cell Stain. Next, CD3, CD14, CD19-positive cells were excluded to remove T cells, monocytes, and B cells, respectively. Of the remaining cells, NK cells were identified by a CD56^{pos} and/or CD16^{pos} phenotype. To assess KIR expression we assessed KIR expression on all NK cells collectively, including CD56^{bright}/CD16^{neg} (Subset A), CD56^{dim}/CD16^{neg} (Subset B), and CD56^{neg}/CD16^{pos} (Subset C). Fluorescence minus one (FMO) staining controls were used to establish the gating parameters. The following antibodies were used for KIR detection: anti-KIR2DL1/S1 (clone HP-3E4), anti-KIR2DL2/S2/L3 (clone CH-L), anti-KIR3DL1 (clone NKB1), and anti-KIR3DL1/S1 (clone Z27).

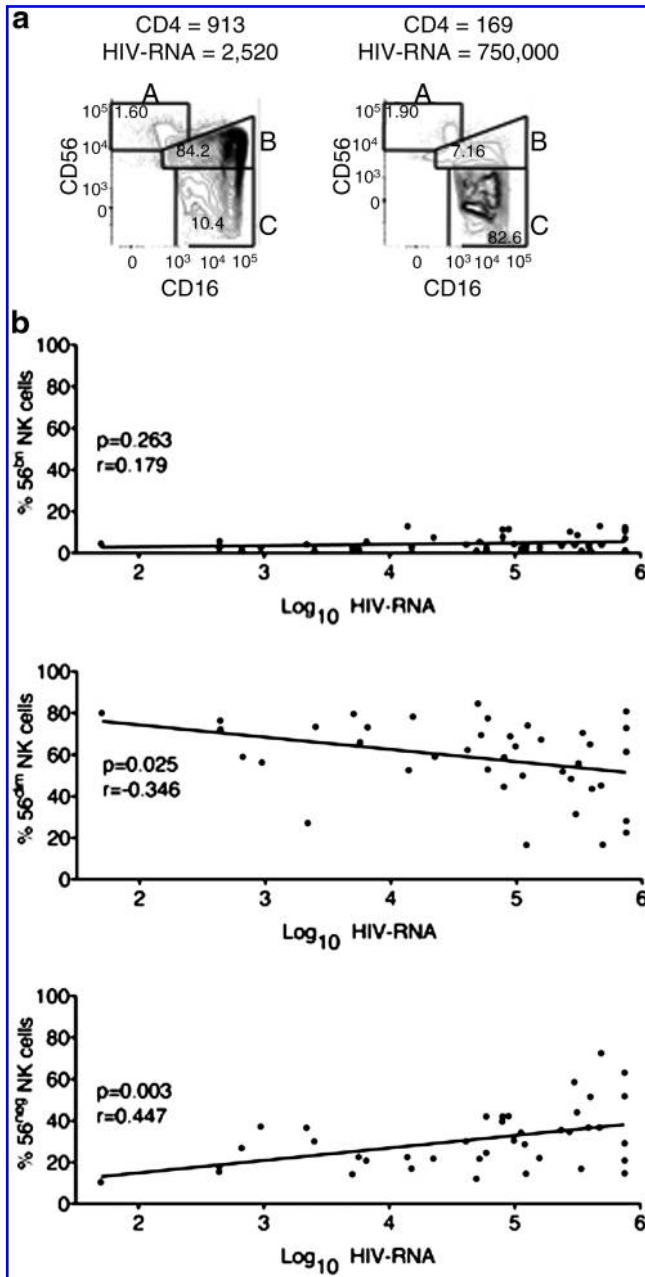


FIG. 2. The frequency of CD56^{neg}CD16^{pos} NK cells increases with HIV-1 disease progression. (a) NK cell populations from the peripheral blood of two patients representing two extremes of HIV-1 disease severity. As in Fig. 1, NK cells were gated as lymphocytes by SSC and FSC, by live/dead stain-negative, CD3/CD14/CD19-negative, and then the remaining cells were gated to include CD56 and/or CD16-positive cells. Next the CD56 bright NK cells (Subset A) were gated based on high expression of CD56 without CD16. The CD56dim NK cells (Subset B) were gated based on co-expression of CD16 with low expression of CD56 above the FMO control. Likewise, CD56neg NK cells (Subset C) were gated based on expression of CD16 and gates were defined by the CD56 FMO control. The frequency of these subsets was based on the total NK cell population (CD56 and/or CD16-positive cells). (b) Correlation between log of viral load and the frequencies of 56^{bright}, 56^{dim}, and 56^{neg} NK cells among the cohort of HIV-1-infected adults ($n = 41$).

NK cells as assessed by staining with a cross-reactive antibody (clone Z27) that recognizes both receptors. Using an antibody that reportedly recognizes only KIR2DL1, Eller and colleagues previously found a statistically significant lower frequency of KIR2DL1 expressing NK cells in chronically HIV-1-infected African adults compared to uninfected adults.²⁰ Although they did not analyze their data by KIR genotypes, our results appear consistent.

In the most advanced stages of HIV-1 disease, NK cells with an activated phenotype lacked NKp46 expression

To further investigate the mechanisms underlying changes in NK cell phenotypes in advanced HIV-1 disease, we assessed the expression of CD69, a marker of acute activation, and NKp46, an activation receptor ubiquitously expressed on NK cells. We found that individuals with the lowest CD4 count and greatest viral load (i.e., most advanced HIV-1 disease) had the highest frequency of acutely activated (i.e., CD69 positive) NK cells (Fig. 4). Unexpectedly, we also discovered that these acutely activated NK cells lacked NKp46 expression. The level of expression of NKp46 on the CD69-positive NK cells did not differ from that of the FMO staining control (Fig. 4). Similarly, we found that the NKp46-positive NK cells were a separate and distinct population from the CD69-positive NK cells. Among the entire cohort, we found a significance difference ($p < 0.01$) in the frequency of CD69-positive cells among NK cells expressing NKp46 and those lacking in NKp46 expression, demonstrating that activated NK cells lacked NKp46 expression (Fig. 4c). Similarly, we found a significant negative correlation between the frequency of CD69^{pos} NK cells and CD4 count (Fig. 4d). However, we found no significant correlation between CD4 count and the frequency of CD69^{pos} NK cells among HIV-uninfected individuals of the same ethnic origins (Supplemental Fig. 1; see www.liebertonline.com/aid). These data suggest that the changes we observed in CD69 expression on NK cells are likely associated with HIV infection. Our results are consistent with a previous study of the activation status of NK cells in HIV-1-infected patients. Notably, Fogli and colleagues found previously that in HIV-1-infected patients, chronically activated (i.e., HLA-DR positive) NK cells lack NKp46 expression.²¹ However, our study is the first to describe such changes among acutely activated NK cells in chronically infected South African adults.

NK cells from individuals with the most advanced HIV-1 disease responded with the most degranulation from in vitro stimulation

To assess the functional consequences of the phenotypic changes observed with advanced HIV-1 disease we evaluated *ex vivo* NK cell degranulation responses in coculture assays with 721.221 cells, a B-lymphoblastoid cell line that lacks HLA class I expression and has been previously shown to effectively elicit NK cell degranulation.^{22,23} We found that individuals with the highest viral load tended to have the greatest response to stimulation with 721.221 cells (Fig. 5), as measured by the expression of CD107a, a marker of NK cell degranulation. Whereas we found a significant positive correlation ($p < 0.05$) between viral load and NK cell degranulation following PMA-ionomycin stimulation, a positive

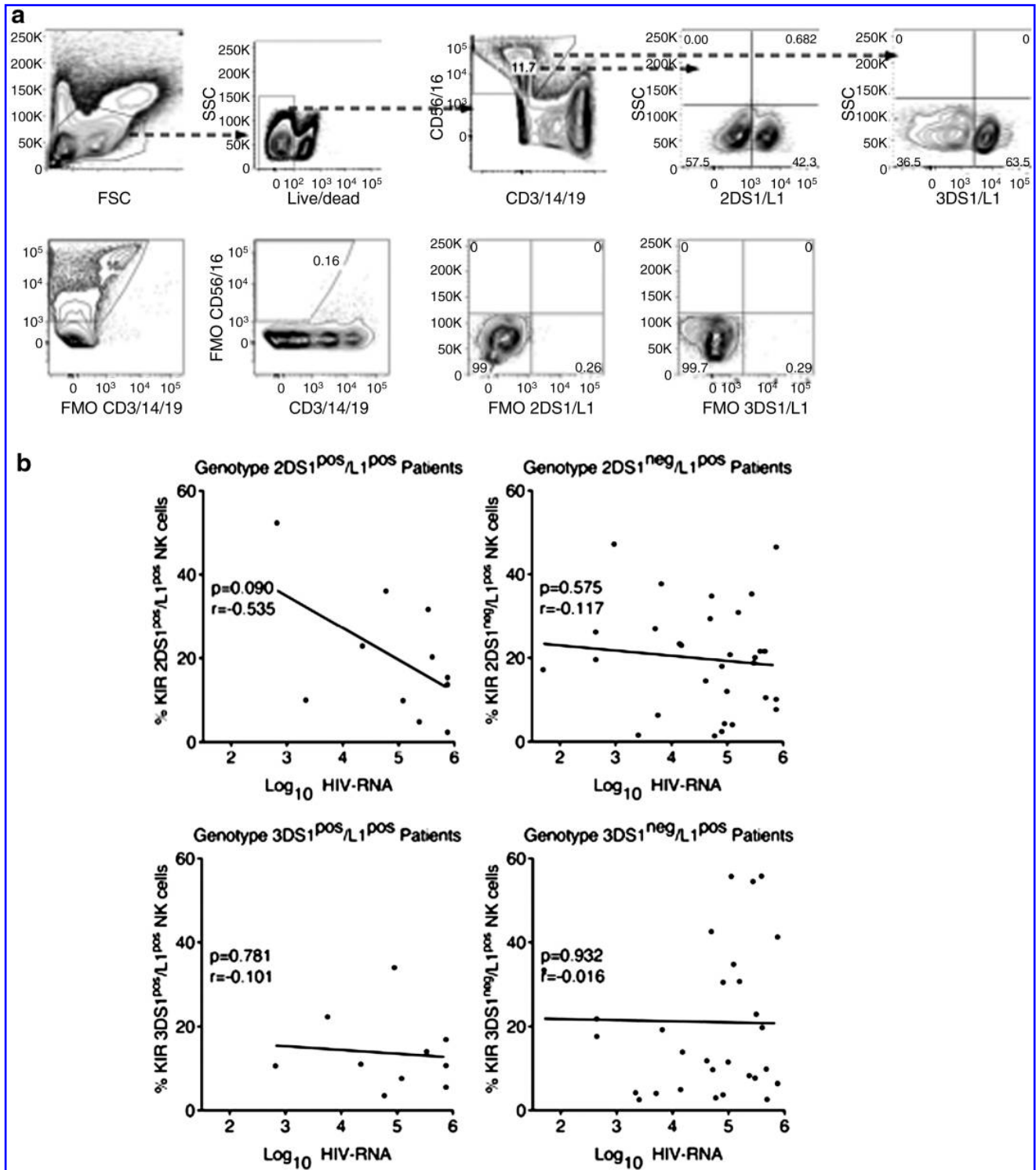


FIG. 3. Among individuals who possessed both *KIR2DS1* and *KIR2DL1* genes, the frequency of *KIR2DS1*^{pos} and/or *KIR2DL1*^{pos} NK cells tended to decrease with HIV-1 disease progression. (a) Gating strategy to quantify *2DS1*^{pos}/*L1*^{pos} and *3DS1*^{pos}/*L1*^{pos} NK cells using antibodies that are cross-reactive with both S1 and L1 isoforms. The gated populations were based on FMO staining controls as shown. (b) Correlations of the frequencies of *KIR*^{pos} NK cells with HIV-1 viral load among donors with the indicated *KIR* genotype.

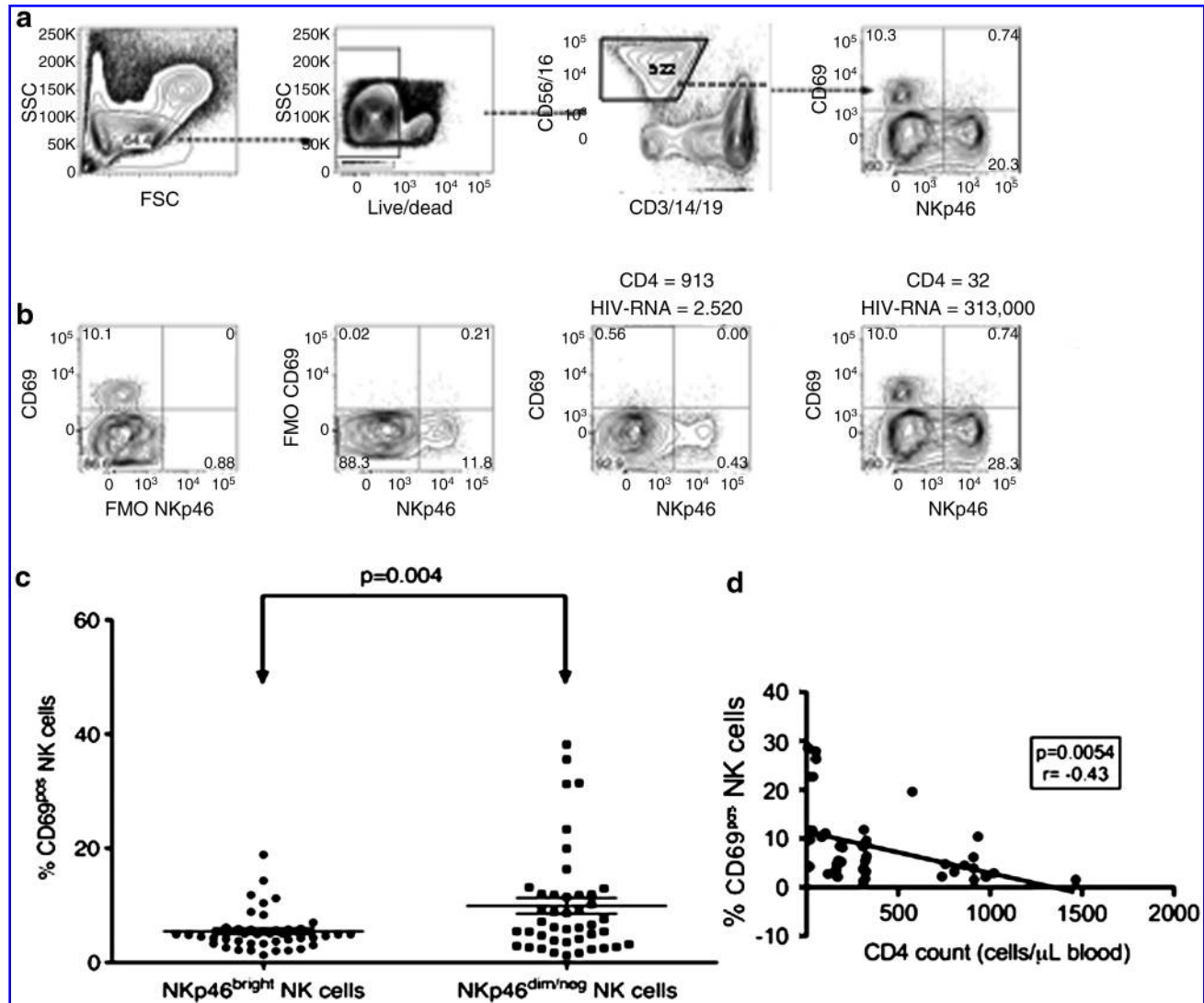


FIG. 4. In advanced HIV-1 disease, acutely activated NK cells lacked NKp46 expression. (a) Gating strategy for the assessment of NKp46 and a marker of acute activation (CD69) on NK cells. (b) FMO controls and representative plots from two patients at different stages of HIV-1 disease. (c) In our cohort of chronically infected adults ($n=41$), NKp46^{bright} and NKp46^{dim/neg} NK cells differed in their state of acute activation. The FMO control was used to delineate bright versus dim/negative expression where staining above the FMO was designated as bright and staining at or below the level of FMO was designated as dim/negative. (d) The frequency of NK cells expressing CD69 correlated inversely with CD4 count.

control for NK cell activation, with 721.221-cell cocultures we observed a similar trend, but it did not reach statistical significance. Likewise, unstimulated NK cells from these donors also showed a trend of positive correlation between the patients' viral load and the extent of spontaneous degranulation. The higher background degranulation of unstimulated NK cells from donors with the highest viral loads most likely contributed to the same trend with 721.221-cell cocultures and PMA-ionomycin treatment. These findings are consistent with a previous report of greater NK cell activity with advanced HIV-1 disease among chronically HIV-1-infected adults.¹⁹

However, our finding of greater NK cell degranulation with advanced HIV-1 disease is in contrast to a report by Mavilio and colleagues,¹⁸ who found that NK cells from viremic patients exhibited diminished lytic capacity compared to NK cells derived from aviremic patients. Previous studies suggest that degranulation may not necessarily correlate with

lytic ability, particularly with the depletion of cytolytic granules in chronic HIV infection.^{19,24,25} Thus, differences in our methods of assessment might explain our contrasting conclusions. These differences in outcomes may also be attributed to differences in the patient characteristics in the respective studies. In the Mavilio *et al.*¹⁸ study viremic patients (nonvirus controllers) were compared to aviremic patients (virus controllers), whereas in our study we compared NK cell function among viremic patients at different stages of disease. Our more extensive examination of viremic patients revealed subtle differences among viremic patients that were not apparent previously.

Discussion

In HIV-1 pathogenesis, CD4 T cell count decline and high viral loads during chronic infection are hallmarks of HIV-1

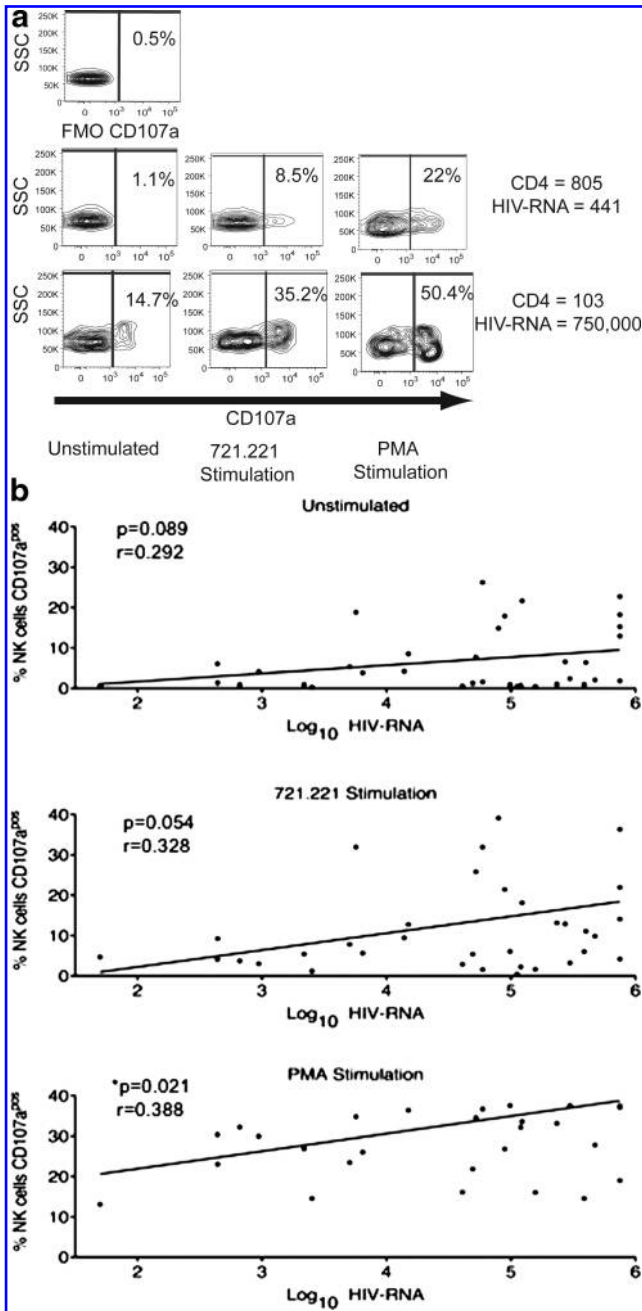


FIG. 5. In response to *in vitro* costimulation, NK cell degranulation increases with HIV-1 disease progression. (a) Degranulation (CD107a expression) by NK cells in response to a 4-h coculture with a 721.221 HLA-deficient B cell line or PMA treatment in two representative patients at two different extremes of HIV-1 disease stage. (b) Correlations between log of viral load and percentages of CD107a^{pos} NK cells in unstimulated and 721.221- and PMA-stimulated samples.

clinical disease progression. In addition to these changes, researchers have also previously described alterations in the phenotypes and functions of NK cells that include an increase in the frequencies of CD56^{neg}/CD16^{pos} NK cells as well as a decline in the frequencies of CD56^{dim} NK cells.^{18,26} In our cohort of chronically HIV-1-infected South African adults we confirmed this finding. We also extended this result by further

assessing phenotypic changes associated with the most advanced HIV-1 disease by assessing individuals at various stages of disease ranging from CD4 counts >500 cells/ μ l blood to CD4 counts <50 cells/ μ l blood. In this cross-sectional study we found that the frequency of NK cells expressing either KIR2DL1 or KIR2DS1 tended to be lower among individuals with the most advanced stages of HIV-1 disease. The significance of this finding is limited by our small sample size ($n=41$), inability to follow individual patients over time, and inability to distinguish between KIR2DL1 and KIR2DS1, due to cross-reactivity of the existing antibody against KIR2DL1 and KIR2DS1.

Unlike previous studies that have found increased expression of inhibitory receptors such as inhibitory KIR¹⁸ and NKG2A,²⁷ we found decreased expression of KIR2DL1 and/or KIR2DS1 in advanced HIV-1 disease in an African cohort. Our data were consistent with a study by Eller and colleagues, who found a decrease in the frequency of KIR2DL1^{pos} NK cells among HIV-infected Ugandans.²⁰ The change that we observed appeared to be unique to KIR2DS1/KIR2DL1, since we did not see a similar trend with KIR3DS1/KIR3DL1, which can also be expressed variably. Although the presence of KIR3DS1 has been associated with protection from HIV-1 disease progression among adults of European descent,¹ this gene is much less prevalent among Africans compared to Europeans.⁸ Taking into consideration that KIR gene frequencies differ between African and European populations, our data imply that some KIR genes may play a unique role in HIV-1 pathogenesis among Africans. Likely explanations for a lower frequency of KIR2DL1^{pos} and/or KIR2DS1^{pos} NK cells in more advanced HIV disease include a protective role for these cells in mitigating disease or a selective loss of these cells with disease progression. These findings warrant a more extensive analysis of KIR2DS1 and KIR2DL1 expression on NK cells among a larger cohort of native South Africans at various stages of HIV-1 disease progression. Based on our results we propose that NK cell receptor genes other than KIR3DS1 may play a more central role in HIV-1 pathogenesis among African populations.

Other recent studies indicate that ligands for KIRs other than KIR3DS1 play a significant role in HIV-1 pathogenesis. In a whole genome analysis Fellay and colleagues identified a single nucleotide polymorphism (SNP) associated with HLA-C expression, which explained 6.5% of the total variation in HIV-1 viral set point.²⁸ The protective allele was associated with lower viral load and higher expression of the HLA-C gene. Interestingly, selected allotypes of HLA-C are well-established ligands for some KIR, KIR2DL1 and KIR2DS1, in particular.²⁹ Our finding of a trend toward lower frequencies of KIR2DL1- and/or KIR2DS1-expressing NK cells in advanced HIV-1 disease further supports a role for HLA-C alleles in HIV-1 pathogenesis. Based on the protective effects of differential HLA-C expression, one potential mechanism of this protection may be through the modulation of NK cell responses. Because KIR2DL1 has a higher affinity for HLA-C than KIR2DS1,³⁰ lower HLA-C expression would lead to preferential engagement of the inhibitory isoform and to the subsequent lack of expansion of NK cells expressing the activating receptor, KIR2DS1. An alternative mechanism would be selective immune activation and depletion of KIR2DL1- and/or KIR2DS1-expressing NK cells in peripheral blood with advancing HIV-1 disease. In support of this

model, Stewart and colleagues have recently shown that some virally encoded peptides can modulate HLA-C recognition and alter the nature of NK cell responses triggered.³¹ More in-depth studies on HLA-C-dependent KIR-mediated recognition of HIV-1-infected cells are required to further test these models of protection from HIV-1 disease progression.

In this study, among individuals with the most advanced stages of disease we found a greater capacity in NK cell degranulation, a surrogate marker for NK cell cytotoxicity. This finding is consistent with previous reports of heightened NK cell activation profiles in HIV-1-infected subjects during viremia.^{19,20} However, this greater capacity to degranulate does not necessarily imply better immune control as studies by Mavillio and colleagues have shown that some NK cells expanded in HIV-1 disease are dysfunctional.²⁶ Likewise, other studies have shown that NK cells express lower amounts of perforin cytolytic granules in chronic HIV-1 infection.^{24,25} We speculate that the greater capacity to degranulate of NK cells in advanced HIV-1 disease is a consequence of greater overall immune activation in advanced HIV-1 disease.

Our finding that unstimulated NK cells from individuals with the most advanced HIV-1 disease had the greatest background levels of degranulation further supports this assertion. Similarly, Eller and colleagues recently found that unstimulated NK cells isolated from HIV-infected adults from Uganda were more proinflammatory (e.g., MIP-1 β) and expressed more degranulation than uninfected adults from the same region.²⁰ Other recent studies have also shown that greater overall immune activation is associated with faster HIV-1 disease progression.^{32,33} Thus, these activated NK cells are likely contributing to an overall environment of greater immune activation, which further facilitates HIV-1 pathogenesis. This conclusion is consistent with our finding of a significant negative correlation between the frequency of NK cells expressing CD69 and CD4 T cell count. In advanced HIV-1 disease we speculate that viremia or opportunistic infections could drive NK cell immune activation; however, it remains undetermined whether this immune activation is characteristic of particular NK cell subpopulations.

In our further investigation of the phenotypes of activated NK cells in advanced HIV-1 disease we found that acutely activated NK cells (i.e., those NK cells that expressed CD69) generally lacked NKp46 expression. In a previous study, reduced surface expression of NKp46 was associated with impaired NK cell cytolytic function in HIV-1 viremic individuals.³⁴ Furthermore, using HLA-DR expression as a marker of chronic activation, Fogli and colleagues also found that in HIV-1-infected patients chronically activated NK cells lacked NKp46 expression.²¹ In their study the diminished NKp46 expression did not impact overall NK cell activity. Fogli and colleagues found that activated NK cells (i.e., HLA-DR^{Pos}) had greater lytic activity than unactivated NK cells (i.e., HLA-DR^{neg}) in redirected lysis assays in which anti-NKp46 antibodies were used to trigger responses. We also found greater overall degranulation activity among NK cells from patients with advanced HIV-1 disease. These results are in contrast to those of Mavillio and colleagues,²⁶ who found that NK cells from viremic patients had less lytic capacity in redirected lysis assays in which anti-NKp46-specific antibodies were used to trigger responses.

We speculate that the differences in outcomes may be attributed to differences in the methods used in assessing NK activity or in the subsets of NK cells assessed. Degranulation is an indirect measure of NK cell lytic activity and therefore may not reflect lytic ability due to cytolytic granule depletion in chronic HIV-1 infection.^{24,25} In regard to the subsets of NK cells assessed, Mavillio and colleagues²⁶ assessed responses by NKp46^{Pos} NK cells, whereas Fogli *et al.* and we assessed broader NK cell populations. Taken together, these results suggest that in advanced HIV-1 disease the overall activation state rather than the level of NKp46 expression may be a more accurate predictor of NK cell activity. Additional studies on the functional capacity of acutely activated (CD69^{Pos}) versus unactivated (CD69^{neg}) NK cells from viremic individuals are needed to resolve this question.

Both in the study by Fogli and colleagues and in our present study, activated NK cells lacked NKp46 expression in advanced HIV-1 disease. We speculate that this lack of NKp46 expression may reflect receptor downregulation to modulate immune activation. The down regulation of receptor expression on activation is a common mechanism of immune regulation and has been well described, both for receptors on NK cells, such as CD16,^{35,36} as well as for the T cell receptor (TCR) on T cells.³⁷ With the TCR this receptor downregulation occurs in a virus-specific manner.³⁸ Whether similar mechanisms of immune regulation are occurring with NKp46 expression remains to be determined.

In summary, in our cohort of chronically HIV-1-infected South Africans we confirmed several previously described changes in NK cell populations with HIV-1 disease progression. In addition, for the first time we describe decreased NKp46 expression on acutely activated NK cells among African patients with the most advanced HIV-1 disease. Based on this finding, a more in-depth analysis of the receptor expression profiles of activated NK cells among chronically HIV-1-infected patients with different clinical outcomes will likely yield further insights into innate immune modulation of HIV-1 pathogenesis among individuals in sub-Saharan Africa.

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Author Disclosure Statement

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